

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Girls 100 Meter Dash

Section 5AA: 11.88 # 2003 Kadeshia Fortune
12.63 QUAL

Name	Yr	School	Time	Result
Prelims				
1 Davis, Sasha	11	Park Center	12.27	Q
2 Trentor, Rachel	10	Totino-Grace	12.50	Q
3 Omeoga, Akuoma	12	Irondale	12.62	Q
4 Murphey, Nicole	12	Blaine	12.66	Q
5 Lewis, Katelyn	12	Osseo	12.69	Q
6 Mullin, Jenny	10	Mounds View	12.86	Q
7 Rachac, Devon	8	SpringLkPk/S	13.22	Q
8 Hill, Melanie	10	Champlin Par	12.54	q QUAL
9 Lindquist, Rachel	11	SpringLkPk/S	13.02	q NWI
10 Gross, Nia	11	Osseo	13.06	NWI
11 Purcell, Courtney	9	SpringLkPk/S	13.13	NWI
12 Lister, Marissa	9	Maple Grove	13.13	NWI
13 Frankenfield, Mara	12	Irondale	13.18	NWI
14 Nelson, Katie	10	Blaine	13.23	NWI
15 Deutsch, Taylor	9	StMichael-Al	13.24	NWI
16 Mason, Kai	10	Mounds View	13.28	NWI
17 Meyers, Antonia	12	Totino-Grace	13.44	NWI
18 Wade, Brea	9	Rogers	13.44	NWI
19 Gleckler, Abigael	9	Totino-Grace	13.44	NWI
20 Wuo, Georgetta	10	Champlin Par	13.46	NWI
21 Pawlick, Casie	9	Totino-Grace	13.48	NWI
22 Slough, Katie	8	Osseo	13.50	NWI
23 Jacobs, Abby	10	Maple Grove	13.56	NWI
24 Messerly-Menk, Britta	8	Mounds View	13.63	NWI
25 Lawin, Katherine	10	Irondale	13.66	NWI
26 Schvenius, Laura	11	Centennial	13.67	NWI
27 Duc, Jenna	10	Coon Rapids	13.68	NWI
28 Mlsna, Nicole	9	StMichael-Al	13.69	NWI
29 Hapke, Caitlynn	11	Coon Rapids	13.70	NWI
29 Pawlyshyn, Natalie	9	SpringLkPk/S	13.70	NWI
31 Sherva, Lauren	9	Anoka	13.70	NWI
32 Nehring, Lexi	9	Anoka	13.75	NWI
33 Krause, Tanay	8	Irondale	13.77	NWI
34 Ighovojah, Wakpor	9	Coon Rapids	13.82	NWI
35 Bednorz, Katlin	10	Anoka	13.87	NWI
36 Swanson, Sarah	11	SpringLkPk/S	13.95	NWI
37 Perego, Danielle	8	Rogers	13.99	NWI
38 Anderson, Suzette	12	Centennial	14.03	NWI
39 Angok, Tina	11	Columbia Hei	14.04	NWI
40 Umland, Annmarie	9	Totino-Grace	14.05	NWI
41 Hanson, Erin	10	Centennial	14.09	NWI
42 Herlofsky, Madison	9	Irondale	14.17	NWI
43 Palmer, Amanda	10	Rogers	14.21	NWI
44 Bursch, Courtney	9	Rogers	14.27	NWI
45 Janc, Ellen	12	Totino-Grace	14.30	NWI

46 Carlos, Maddie	10	Anoka	14.33	NWI
47 Keyte, Storm	9	Rogers	14.51	NWI
48 Kelly, Alleah	9	Park Center	14.52	NWI
49 Wiese, Sarah	11	Irondale	14.52	NWI
50 Witte, Maya	12	Columbia Hei	15.08	NWI
51 Ungemach, Annie	8	Columbia Hei	15.46	NWI

Girls 100 Meter Dash

Section 5AA: 11.88 # 2003 Kadeshia Fortune
12.63 QUAL

Name	Yr	School	Time	Result
Finals				
1 Davis, Sasha	11	Park Center	11.92	QUAL
2 Omeoga, Akuoma	12	Irondale	12.27	QUAL
3 Murphey, Nicole	12	Blaine	12.34	QUAL
4 Trentor, Rachel	10	Totino-Grace	12.47	QUAL
5 Hill, Melanie	10	Champlin Par	12.57	QUAL
6 Lewis, Katelyn	12	Osseo	12.61	QUAL
7 Mullin, Jenny	10	Mounds View	12.63	QUAL
8 Lindquist, Rachel	11	SpringLkPk/S	12.95	3.3
9 Rachac, Devon	8	SpringLkPk/S	13.07	3.3

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Girls 200 Meter Dash

Section 5AA:		24.71 # 2005	Kadeshia Fortune	
		25.96	QUAL	
Name	Yr	School		
Prelims				
Preliminaries				
1 Davis, Sasha	11	Park Center	25.15	Q
QUAL				
2 Okonkwo, Anuli	10	Osseo	25.41	Q
QUAL				
3 Omeoga, Akuoma	12	Irondale	25.87	Q
QUAL				
4 Nelson, Haley	9	Maple Grove	26.45	Q
NWI				
5 Trentor, Rachel	10	Totino-Grace	26.71	Q
NWI				
6 Borgeson, Rebecca	12	Totino-Grace	26.06	qNWI
7 Toninato, Emily	11	Mounds View	26.50	qNWI
8 Pfaffe, Paige	11	Mounds View	26.88	qNWI
9 Carter, Kianna	10	Irondale	26.90	qNWI
10 Belsito, Alyssa	10	Mounds View	27.11	NWI
11 Schnevenius, Laura	11	Centennial	27.14	NWI
12 Clarke, Bridget	11	Coon Rapids	27.17	NWI
13 Bair, Maggie	12	Blaine	27.23	NWI
14 Reichert, Emily	10	Rogers	27.32	NWI
15 Sinha, Anita	11	SpringLkPk/S	27.48	NWI
16 Deutsch, Taylor	9	StMichael-Al	27.51	NWI
17 Rachac, Devon	8	SpringLkPk/S	27.81	NWI
18 Malmstrom, Emily	10	Mounds View	27.90	NWI
19 Purcell, Courtney	9	SpringLkPk/S	28.01	NWI
20 Lachinski, Hailey	9	Blaine	28.07	NWI
21 Gleckler, Abigail	9	Totino-Grace	28.13	NWI
22 Young, Shakita	9	Osseo	28.42	NWI
23 Wade, Brea	9	Rogers	28.46	NWI
24 Ogundipe, Eni	10	Irondale	28.48	NWI
25 Messerly-Menk, Britta	8	Mounds View	28.57	NWI
26 Mlsna, Nicole	9	StMichael-Al	28.58	NWI
27 Beisner, Lindsey	8	Osseo	28.62	NWI
28 Krismer, Katie	9	Maple Grove	28.72	NWI
29 Lavrenz, Emily	9	StMichael-Al	28.83	NWI
30 Duc, Jenna	10	Coon Rapids	28.86	NWI
31 Corbin, Taylor	11	Maple Grove	28.93	NWI
32 Barringer, Danielle	11	Irondale	29.37	NWI
33 Janc, Ellen	12	Totino-Grace	29.37	NWI
34 Andruskiewicz, Sydni	9	Rogers	29.40	NWI
35 Gellerman, Andrea	12	Rogers	29.44	NWI
36 Penshorn, Liz	9	Coon Rapids	29.46	NWI
37 Reeves, Colleen	11	Rogers	29.51	NWI
38 Piette, Maria	9	Centennial	29.61	NWI
39 Ungemach, Annie	8	Columbia Hei	32.26	NWI
40 Corbett, Kasey	12	Columbia Hei	32.32	NWI
41 Perez, Shanel	10	Columbia Hei	33.19	NWI
--- Brown, MacKenzie	10	SpringLkPk/S	DNF	NWI

Girls 200 Meter Dash

Section 5AA:		24.71 # 2005	Kadeshia Fortune	
		25.96	QUAL	
Name	Yr	School		
Finals				
1 Davis, Sasha	11	Park Center	24.20	QUAL
2 Omeoga, Akuoma	12	Irondale	25.14	QUAL
3 Okonkwo, Anuli	10	Osseo	25.34	QUAL
4 Borgeson, Rebecca	12	Totino-Grace	25.47	QUAL
5 Toninato, Emily	11	Mounds View	25.89	QUAL
6 Trentor, Rachel	10	Totino-Grace	25.90	QUAL
7 Pfaffe, Paige	11	Mounds View	26.39	4.0
8 Nelson, Haley	9	Maple Grove	26.44	4.0
9 Carter, Kianna	10	Irondale	26.48	4.0

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Girls 400 Meter Dash

Section 5AA: 56.07 # 1999 Deborah Cordner
57.55 QUALName Yr School
Prelims

Preliminaries

1	Davis, Sasha	11	Park Center	58.63	Q
2	Carter, Kianna	10	Irondale	58.82	Q
3	Bethke, Kelsey	11	Mounds View	59.17	Q
4	Borgeson, Rebecca	12	Totino-Grace	59.22	Q
5	Norris, Elisabeth	12	Totino-Grace	1:00.50	Q
6	Lachinski, Hailey	9	Blaine	1:00.95	q
7	Pfaffe, Paige	11	Mounds View	1:01.24	q
8	Pafko, Ashley	9	Blaine	1:01.27	q
9	Sorensen, Keelie	12	Park Center	1:01.34	q
10	Louiselle, Anne	10	Totino-Grace	1:01.40	
11	Philips, Emily	11	Maple Grove	1:01.42	
12	Neubauer, Brooke	11	Blaine	1:01.60	
13	Wanner, Elizabeth	10	Totino-Grace	1:01.62	
14	Gordhamer, Lauren	11	SpringLkPk/S	1:01.70	
15	Olson, Paige	11	Osseo	1:02.32	
16	Malmstrom, Emily	10	Mounds View	1:02.37	
17	Bialke, Morgan	10	Osseo	1:03.08	
18	Culp, Megan	11	Centennial	1:03.11	
19	Young, Malorie	12	Coon Rapids	1:03.67	
20	Pipenhagen, Mary	11	Anoka	1:03.85	
21	Boehne, Nikki	9	Centennial	1:04.10	
22	Jones, Katelyn	10	Anoka	1:04.11	
23	Duehn, Rachel	10	Fridley	1:04.68	
24	Wanda, Lisa	11	Osseo	1:05.04	
25	M. Nelson, Rachel	12	Coon Rapids	1:05.05	
26	Buggs, Olivia	8	Park Center	1:05.08	
27	Dame, Sarah	9	Centennial	1:05.61	
28	Moriarty, Cecilia	10	Champlin Par	1:05.67	
29	Rooker, Alaina	10	StMichael-Al	1:05.81	
30	Mallinger, Burgandy	9	Rogers	1:06.02	
31	Robinson, Chelsea	11	StMichael-Al	1:06.68	
32	Olzenak, Kelly	9	Maple Grove	1:06.96	
33	Kornovich, Sarah	10	Rogers	1:07.30	
34	DJlhc, Belma	9	SpringLkPk/S	1:07.69	
35	Barringer, Danielle	11	Irondale	1:07.73	
36	Reger, Libby	8	Rogers	1:07.83	
37	Pope, Allison	10	Coon Rapids	1:08.78	
38	Corbett, Kasey	12	Columbia Hei	1:10.21	

Girls 400 Meter Dash

Section 5AA: 56.07 # 1999 Deborah Cordner
57.55 QUAL

Name Yr School Finals

Finals

1	Davis, Sasha	11	Park Center	57.26	QUAL
2	Bethke, Kelsey	11	Mounds View	58.19	
3	Borgeson, Rebecca	12	Totino-Grace	58.44	
4	Carter, Kianna	10	Irondale	59.68	
5	Lachinski, Hailey	9	Blaine	1:00.57	
6	Norris, Elisabeth	12	Totino-Grace	1:00.79	
7	Pfaffe, Paige	11	Mounds View	1:01.76	
8	Sorensen, Keelie	12	Park Center	1:02.47	
9	Pafko, Ashley	9	Blaine	1:03.43	

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Girls 800 Meter Run

Section 5AA: 2:15.02 # 5/29/2008 Emily Emerson
2:17.64 QUAL

Name	Yr	School	Time	Qual
Prelims				
Preliminaries				
1	McSherry, Ally	12 Totino-Grace	2:17.93	Q
2	Dillon, Jennifer	12 Totino-Grace	2:22.17	Q
3	Kienholz, Megan	9 Centennial	2:23.81	Q
4	McDonald, Taylor	9 Totino-Grace	2:20.86	Q
5	Balzer, Nicole	9 Mounds View	2:24.07	Q
6	Knopf, Beth	10 Mounds View	2:26.38	Q
7	McDaniels, Katie	9 Mounds View	2:21.26	Q
8	O'Donnell, Jenna	11 Maple Grove	2:24.08	Q
9	Harper, Erin	10 Blaine	2:27.43	Q
10	Degelau, Brooke	9 Irondale	2:21.92	q
11	Ries, Renee	11 Totino-Grace	2:25.63	q
12	Ball, Nicole	12 Park Center	2:27.03	q
13	Halfrich, Sara	8 Maple Grove	2:27.72	
14	Nugent, Ana	11 Totino-Grace	2:28.63	
15	Herbert, Mara	9 Mounds View	2:28.69	
16	Stratton, Mandy	9 Blaine	2:29.27	
17	Huffman, Britta	12 Coon Rapids	2:30.33	
18	Nalepka, Christine	12 Fridley	2:31.02	
19	Christian, Devyn	11 SpringLkPk/S	2:31.94	
20	Dutton, Courtney	11 Coon Rapids	2:32.10	
21	Bezdicek, Kaitlin	11 Osseo	2:32.16	
22	Rappa, Kristen	12 Irondale	2:32.38	
23	Winslow, Darian	9 Totino-Grace	2:32.55	
24	Parent, McKenna	10 Anoka	2:32.66	
25	Weimholt, Stefani	9 Coon Rapids	2:32.96	
26	Tonn, Gina	12 Park Center	2:33.09	
27	Dills, Sam	9 Coon Rapids	2:33.14	
28	Miller, Alexandra	9 Totino-Grace	2:33.28	
29	Nelson, Anna	9 Coon Rapids	2:33.34	
30	Foote, Laura	11 Maple Grove	2:33.66	
31	Metzger, Renae	10 Park Center	2:34.04	
32	Kasper, Leidy	11 Champlin Par	2:37.02	
33	Marquardt, Nicolette	12 Champlin Par	2:37.49	
34	Hinkemeyer, Beth	9 StMichael-Al	2:37.68	
35	Fallon, Kendra	11 Champlin Par	2:38.56	
36	Jaskela, Meagan	12 SpringLkPk/S	2:40.85	
37	Kessler, Emily	11 StMichael-Al	2:41.63	
38	Leone, Amanda	10 Park Center	2:42.78	
39	Zink, Kristin	10 Irondale	2:44.37	
40	Spoolman, Allison	11 Osseo	2:45.76	
41	Hansen, Alexandra	11 Irondale	2:45.78	
42	Stutelberg, Cassidy	9 Rogers	2:47.33	
43	Rouillard, Janaye	9 Rogers	2:47.38	
44	Mahdy, Nancy	11 Fridley	2:50.08	
45	Buirge, Daelynn	10 Fridley	2:52.81	
46	Sweeney, Maria	10 Irondale	3:00.43	

Girls 800 Meter Run

Section 5AA: 2:15.02 # 5/29/2008 Emily Emerson
2:17.64 QUAL

Name	Yr	School	Time	Finals
Finals				
1	McSherry, Ally	12 Totino-Grace	2:20.08	
2	Dillon, Jennifer	12 Totino-Grace	2:21.13	
3	McDonald, Taylor	9 Totino-Grace	2:23.19	
4	Kienholz, Megan	9 Centennial	2:23.47	
5	Degelau, Brooke	9 Irondale	2:23.54	
6	Ries, Renee	11 Totino-Grace	2:24.53	
7	McDaniels, Katie	9 Mounds View	2:25.01	
8	Balzer, Nicole	9 Mounds View	2:25.66	
9	Knopf, Beth	10 Mounds View	2:25.76	
10	O'Donnell, Jenna	11 Maple Grove	2:28.28	
11	Harper, Erin	10 Blaine	2:31.91	
12	Ball, Nicole	12 Park Center	2:33.18	

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Girls 1600 Meter Run

Section 5AA: 5:05.40 # 2004
5:04.41 QUAL

Lisa Waananen

Name	Yr	School	Finals
Finals			
1 Sjelin, Maddi	9	StMichael-Al	5:16.62
2 Shagen, Kaley	9	Osseo	5:20.56
3 Fritz, Katelyn	10	Anoka	5:24.13
4 Johnson, Brittney	11	Mounds View	5:26.03
5 Narigon, Lizzy	12	Mounds View	5:27.48
6 Soli, Cassidy	9	Champlin Par	5:29.35
7 Picard, Allie	10	SpringLkPk/S	5:29.78
8 Hereid, Tera	12	Blaine	5:34.72
9 D'Heilly, Paige	9	Coon Rapids	5:36.02
10 Simonet, Kate	9	Park Center	5:36.13
11 Tracy, Laura	11	Mounds View	5:36.48
12 Richter, Becca	12	Osseo	5:37.03
13 Moore, McKinley	10	Champlin Par	5:37.97
14 Ball, Nicole	12	Park Center	5:38.49
15 Herbert, Mara	9	Mounds View	5:39.99
16 Willenbring, Laura	12	Mounds View	5:40.50
17 Bowler, Sarah	12	Centennial	5:41.23
18 Dills, Sam	9	Coon Rapids	5:43.36
19 Kretschmer, Lexie	10	Centennial	5:43.42
20 Nugent, Ana	11	Totino-Grace	5:43.92
21 Korby, Danille	9	Park Center	5:44.72
22 Bianchi, Jessica	10	Rogers	5:45.86
23 Aaron, Miranda	11	Maple Grove	5:46.79
24 Christian, Devyn	11	SpringLkPk/S	5:48.65
25 Nelson, Anna	9	Coon Rapids	5:49.92
26 Anderson, Ally	9	Blaine	5:51.73
27 Waananen, Amy	11	Maple Grove	5:51.86
28 Weimholt, Stefani	9	Coon Rapids	5:52.44
29 Benson, Natalie	12	Centennial	5:52.82
30 Johnson, Kayla	12	Coon Rapids	5:53.63
31 Winslow, Darian	9	Totino-Grace	5:54.54
32 Johnson, Kendhal	8	Maple Grove	5:54.91
33 McCullough, Colleen	10	Osseo	5:56.07
34 Weinberger, Jenna	11	Anoka	5:56.81
35 Helwig, Emily	12	Rogers	5:57.31
36 Holtan, Chloe	11	Totino-Grace	6:02.20
37 Ruikka, Sam	9	Fridley	6:02.84
38 Shogren, Maddie	10	Blaine	6:02.93
39 Autio, Erin	8	StMichael-Al	6:02.94
40 Jaskela, Meagan	12	SpringLkPk/S	6:03.32
41 Johnson, Julia	9	Blaine	6:04.09
42 Kobelinski, Sarah	10	Anoka	6:04.23
43 Hoff, Katie	8	SpringLkPk/S	6:04.61
44 Tonn, Gina	12	Park Center	6:05.10
45 Spitzmueller, Amy	12	Totino-Grace	6:06.59
46 Benti, Lakka	9	Irondale	6:09.50
47 Willcox, Rachael	9	Irondale	6:11.55
48 Gunderman, Allicia	9	Irondale	6:12.58
49 Zink, Kristin	10	Irondale	6:13.68
50 Hansen, Alexandra	11	Irondale	6:28.71

Girls 3200 Meter Run

Section 5AA: 10:49.22 # 2003
11:03.13 QUAL

Lisa Waananen

Name	Yr	School	Finals
Finals			
1 Kindelspire, Emily	12	Totino-Grace	11:18.05
2 Fritz, Katelyn	10	Anoka	11:18.89
3 Soli, Cassidy	9	Champlin Par	11:20.53
4 Sjelin, Maddi	9	StMichael-Al	11:32.90
5 Guse, Lauren	8	SpringLkPk/S	11:40.12
6 Narigon, Lizzy	12	Mounds View	11:42.20
7 Wojack, Alyssa	12	Coon Rapids	11:44.55
8 Korby, Danille	9	Park Center	11:49.76
9 Hereid, Tera	12	Blaine	11:51.64
10 Larsen, Andrea	12	SpringLkPk/S	11:54.44
11 D'Heilly, Paige	9	Coon Rapids	11:55.73
12 Simonet, Kate	9	Park Center	11:56.53
13 Willenbring, Laura	12	Mounds View	11:56.67
14 Richter, Becca	12	Osseo	11:59.56
15 Clark, Ashley	10	Mounds View	12:00.79
16 Engstrom, Melissa	11	Coon Rapids	12:12.65
17 Aaron, Miranda	11	Maple Grove	12:16.93
18 Johnson, Kayla	12	Coon Rapids	12:19.91
19 Bianchi, Jessica	10	Rogers	12:19.97
20 Marsh, Melissa	8	SpringLkPk/S	12:24.73
21 Blais, Katie	10	StMichael-Al	12:25.18
22 Benson, Natalie	12	Centennial	12:25.96
23 Kretschmer, Lexie	10	Centennial	12:29.43
24 Janzen, Annika	10	Centennial	12:35.91
25 Helwig, Emily	12	Rogers	12:39.29
26 Waananen, Amy	11	Maple Grove	12:45.04
27 Ruikka, Sam	9	Fridley	12:47.17
28 Billett, Kayla	9	Anoka	12:54.60
29 Spitzmueller, Amy	12	Totino-Grace	12:55.71
30 Fennell, Nichole	11	Coon Rapids	12:59.26
31 AArons, Jenny	8	Maple Grove	12:59.81
32 Shogren, Maddie	10	Blaine	13:01.21
33 McElroy, Jenna	11	Champlin Par	13:01.64
34 Schoenrock, Jenny	8	Osseo	13:13.41
35 Gunderman, Allicia	9	Irondale	13:27.76
36 Holtan, Chloe	11	Totino-Grace	13:54.07
37 (Kirby Schell, Alexandra	11	Irondale	14:00.58
38 Yurek, Mackenzie	12	Champlin Par	14:13.19
39 Douvier, Katelyn	10	Irondale	14:19.67

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Girls 100 Meter Hurdles

Section 5AA:		14.61 # 2003	Alyssa Johnson	
		15.34	QUAL	
Name	Yr	School		
Prelims				
Preliminaries				
1 Bair, Maggie	12	Blaine	15.02	Q
QUAL				
2 Sawtell, Kayla	12	Mounds View	15.86	Q
NWI				
3 Niewald, Hannah	10	Fridley	16.20	Q
NWI				
4 Ndely, Michelle	10	Champlin Par	16.42	Q
NWI				
5 Evanson, Olivia	11	Maple Grove	16.74	Q
NWI				
6 Bestman, Edwina	10	Park Center	16.33	qNWI
7 Prouty, Keisha	12	Anoka	16.49	qNWI
8 Pieper, Sarah	11	Irondale	16.63	qNWI
9 Jones, Erin	12	Centennial	16.86	qNWI
10 Denler, Melissa	12	Champlin Par	16.89	NWI
11 Hara, Taylor	11	Totino-Grace	16.91	NWI
12 Abbott, Nicole	10	Anoka	16.94	NWI
13 Lu, Tina	10	Coon Rapids	16.96	NWI
14 Ohmann, Andrea	10	Blaine	17.07	NWI
15 Paul, Margaret	11	Totino-Grace	17.12	NWI
16 Schneider, Emma	11	Mounds View	17.34	NWI
17 Speidel, Aundria	11	Rogers	17.38	NWI
18 Rodman, Shauna	11	Anoka	17.65	NWI
19 House, Madison	11	Maple Grove	17.90	NWI
20 Schwint, Carli	10	Fridley	17.92	NWI
21 watson, darien	10	Osseo	17.94	NWI
22 Volk, Christine	11	Champlin Par	18.00	NWI
23 Olagbaiye, Nicole	10	Osseo	18.05	NWI
24 Schaeffer, Maddie	10	Rogers	18.11	NWI
25 Sollars, Sasha	12	Anoka	18.25	NWI
26 Durand, Lauren	11	Maple Grove	18.32	NWI
27 Robinson, Molly	11	Osseo	18.37	NWI
28 Johnson, Katie	10	Anoka	18.50	NWI
29 Senyk, Erika	11	Mounds View	18.52	NWI
30 Clifford, Julia	10	Blaine	18.53	NWI
31 Schultz, Lauren	11	Mounds View	18.77	NWI
32 Cannon, Emma	11	Centennial	19.09	NWI
33 Bagley, Ashley	11	Centennial	19.13	NWI
34 Tosu, Amanda	11	Irondale	19.22	NWI
35 Angok, Tina	11	Columbia Hei	19.48	NWI
36 Adams, Emily	11	Rogers	19.88	NWI
37 Andriandra, Elza	9	Irondale	19.91	NWI
38 Flermoen, Janna	12	Columbia Hei	19.95	NWI
39 Yantes, Austin	11	Rogers	19.98	NWI
40 Noel, Frances	9	StMichael-Al	21.15	NWI
41 Shupare, Lali	7	Park Center	23.55	NWI

Girls 100 Meter Hurdles

Section 5AA:		14.61 # 2003	Alyssa Johnson	
		15.34	QUAL	
Name	Yr	School		
Finals				
1 Sawtell, Kayla	12	Mounds View	14.45	QUAL
2 Bair, Maggie	12	Blaine	14.52	QUAL
3 Ndely, Michelle	10	Champlin Par	15.49	2.7
4 Niewald, Hannah	10	Fridley	15.53	2.7
5 Pieper, Sarah	11	Irondale	16.08	2.7
6 Jones, Erin	12	Centennial	16.29	2.7
7 Prouty, Keisha	12	Anoka	16.34	2.7
8 Evanson, Olivia	11	Maple Grove	16.48	2.7
9 Bestman, Edwina	10	Park Center	19.38	2.7

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Girls 300 Meter Hurdles

Section 5AA: 45.16 # 5/29/2009 Kayla Sawtell
46.23 QUAL

Name	Yr	School	Time	Qual
Prelims				
Preliminaries				
1 Jones, Bria	11	SpringLkPk/S	46.26	Q
2 Bestman, Edwina	10	Park Center	46.34	Q
3 Mullin, Jenny	10	Mounds View	46.72	Q
4 Sawtell, Kayla	12	Mounds View	47.42	Q
5 Niewald, Hannah	10	Fridley	47.53	Q
6 Schaeffer, Maddie	10	Rogers	47.37	q
7 Hooker, Brehana	12	Park Center	47.50	q
8 Whitney, Kirsten	9	SpringLkPk/S	47.51	q
9 Paul, Margaret	11	Totino-Grace	48.16	q
10 Pelant, Emily	11	StMichael-Al	48.36	
11 Ndely, Michelle	10	Champlin Par	48.41	
12 Speidel, Aundria	11	Rogers	48.66	
13 Lu, Tina	10	Coon Rapids	49.23	
14 Rodman, Shauna	11	Anoka	49.26	
15 Denler, Melissa	12	Champlin Par	49.57	
16 Sollars, Sasha	12	Anoka	49.81	
17 Pieper, Sarah	11	Irondale	49.86	
18 Jones, Erin	12	Centennial	50.44	
19 House, Madison	11	Maple Grove	50.73	
20 Ohmann, Andrea	10	Blaine	50.93	
21 Arbeiter, McKenzie	9	Maple Grove	51.00	
22 Hara, Taylor	11	Totino-Grace	51.14	
23 Schultz, Lauren	11	Mounds View	51.18	
24 Schwint, Carli	10	Fridley	51.42	
25 Robinson, Molly	11	Osseo	51.58	
26 Schneider, Emma	11	Mounds View	51.67	
27 Clifford, Julia	10	Blaine	51.68	
28 Forbes, Lizzy	11	Maple Grove	51.68	
29 Johnson, Katie	10	Anoka	51.90	
30 Herman, Kaley	11	Champlin Par	52.03	
31 Oakden, Jenna	10	Champlin Par	52.34	
32 Volk, Christine	11	Champlin Par	52.35	
33 Yantes, Austin	11	Rogers	52.36	
34 Corneliuous, Gabby	10	Osseo	52.62	
35 Olagbaiye, Nicole	10	Osseo	52.63	
36 Bostrom, Karissa	11	Blaine	52.86	
37 Tosu, Amanda	11	Irondale	52.93	
38 Cannon, Emma	11	Centennial	53.03	
39 Herbst, Emilie	9	StMichael-Al	53.66	
40 Sherman, Leah	10	Irondale	53.75	
41 Adams, Emily	11	Rogers	54.86	
42 Flermoen, Janna	12	Columbia Hei	55.25	
43 Andriandra, Elza	9	Irondale	57.67	

Girls 300 Meter Hurdles

Section 5AA: 45.16 # 5/29/2009 Kayla Sawtell
46.23 QUAL

Name	Yr	School	Time	Qual
Finals				
1 Sawtell, Kayla	12	Mounds View	44.84	#QUAL
2 Jones, Bria	11	SpringLkPk/S	45.13	#QUAL
3 Mullin, Jenny	10	Mounds View	45.65	QUAL
4 Schaeffer, Maddie	10	Rogers	46.73	
5 Niewald, Hannah	10	Fridley	46.89	
6 Hooker, Brehana	12	Park Center	47.69	
7 Paul, Margaret	11	Totino-Grace	47.73	
8 Whitney, Kirsten	9	SpringLkPk/S	47.96	
--- Bestman, Edwina	10	Park Center	DNF	

Girls 4x100 Meter Relay

Section 5AA: 48.15 # 2004 Mpls Washburn
49.64 QUAL

Team	Relay	Time	Qual
Finals			
1 Osseo	A	48.75	QUAL
1) Okonkwo, Anuli 10	2) Gross, Nia 11		
3) Olson, Paige 11	4) Lewis, Katelyn 12		
5) Slough, Katie 8	6) Nichols, Raja 9		
2 Anoka	A	49.67	
3 Mounds View	A	49.68	
4 Blaine	A	49.86	
5 Maple Grove	A	50.93	
6 SpringLkPk/StAnthony	A	51.06	
7 Coon Rapids	A	52.37	
8 StMichael-Albertville	A	52.99	
9 Rogers	A	53.09	
10 Park Center	A	53.33	
11 Centennial	A	53.97	
12 Irondale	A	54.22	
--- Totino-Grace	A	DNF	
--- Champlin Park	A	DQ	

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Girls 4x200 Meter Relay

Section 5AA: 1:40.76 # 2004 Mpls Washburn
1:43.91 QUAL

Team	Relay	Finals
Finals		
1 Mounds View	A	1:43.51 QUAL
1) Belsito, Alyssa 10	2) Titterud, Alexandra 11	
3) Bethke, Kelsey 11	4) Toninato, Emily 11	
5) Pffaffe, Paige 11	6) Titterud, Laurisa 10	
2 Osseo	A	1:44.00
3 Maple Grove	A	1:45.59
4 Anoka	A	1:45.68
5 Irondale	A	1:46.24
6 SpringLkPk/StAnthony	A	1:46.40
7 Champlin Park	A	1:50.08
8 Totino-Grace	A	1:51.06
9 Centennial	A	1:51.17
1) Huston, Megan 12	2) Dame, Sarah 9	
3) Ernster, Maria 12	4) Schevenius, Laura 11	
5) Jech, Natalie 12		
10 Park Center	A	1:52.70
11 StMichael-Albertville	A	1:52.73
1) Rooker, Alaina 10	2) Gordon, Courtney 9	
3) Schirmers, Brandy 9	4) Mlsna, Nicole 9	
5) Lavrenz, Emily 9	6) Deutsch, Taylor 9	
12 Rogers	A	1:53.56
13 Coon Rapids	A	1:55.92
--- Blaine	A	DQ

Girls 4x800 Meter Relay

Section 5AA: 9:29.24 # 5/29/2009 Mounds View
T Warnes, B Knopf, L Hjelm, M Shelendich
9:30.49 QUAL

Team	Relay	Finals
Finals		
1 Totino-Grace	A	9:31.39
1) McDonald, Taylor 9	2) Kindelspire, Emily 12	
3) Dillon, Jennifer 12	4) McSherry, Ally 12	
5) Ries, Renee 11		
2 Mounds View	A	9:37.02
3 Coon Rapids	A	9:51.90
4 Centennial	A	9:53.73
5 Anoka	A	9:57.98
6 SpringLkPk/StAnthony	A	9:59.35
7 Blaine	A	10:04.38
8 Maple Grove	A	10:04.62
9 Irondale	A	10:15.58
10 Champlin Park	A	10:25.78
11 Osseo	A	10:36.42
12 StMichael-Albertville	A	11:01.47
13 Park Center	A	11:01.93

Girls 4x400 Meter Relay

Section 5AA: 3:56.95 # 5/29/2009 Mounds View
M Shelendich, E Toninato, L Hanson, K Bethke
4:01.04 QUAL

Team	Relay	Finals
Finals		
1 Mounds View	A	3:58.85 QUAL
1) Titterud, Alexandra 11	2) Toninato, Emily 11	
3) Titterud, Laurisa 10	4) Bethke, Kelsey 11	
5) Pffaffe, Paige 11	6) McDaniels, Katie 9	
2 Totino-Grace	A	3:59.23 QUAL
1) Norris, Elisabeth 12	2) Dillon, Jennifer 12	
3) McSherry, Ally 12	4) Borgeson, Rebecca 12	
5) Kindelspire, Emily 12	6) Louiselle, Anne 10	
3 Anoka	A	4:04.56
4 Maple Grove	A	4:04.76
5 SpringLkPk/StAnthony	A	4:14.67
6 Centennial	A	4:15.55
7 Champlin Park	A	4:15.64
8 Coon Rapids	A	4:15.72
9 Rogers	A	4:16.38
10 Osseo	A	4:16.97
11 Blaine	A	4:17.15
12 Irondale	A	4:17.17
13 Fridley	A	4:18.46
14 StMichael-Albertville	A	4:22.10
15 Park Center	A	4:34.02

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Girls High Jump

Section 5AA: 5-09 # 1996 Gina Curtis
5-04.00 QUAL

Name	Yr	School	Finals
Finals			
1 Trappen, Lindsay	10	SpringLkPk/S	5-02.00
2 Dahly, Ashley	10	Totino-Grace	J5-02.00
3 Johnson, Jaclyn	10	Champlin Par	5-00.00
4 Jones, Bria	11	SpringLkPk/S	J5-00.00
5 Clarke, Bridget	11	Coon Rapids	J5-00.00
6 Zimmerman, Ali	10	Mounds View	J5-00.00
7 Olsen, Kirsten	9	Blaine	4-10.00
8 Mcleod, Taylor	9	Maple Grove	J4-10.00
9 Sherva, Lauren	9	Anoka	J4-10.00
9 Bennethum, Kylie	11	Maple Grove	J4-10.00
10 Cady, Samantha	11	SpringLkPk/S	J4-10.00
10 Miedtke, Katie	12	Osseo	J4-10.00
10 Mullin, Jenny	10	Mounds View	J4-10.00
10 Asp, Annie	9	Anoka	J4-10.00
15 Schendel, Tana	10	Mounds View	4-08.00
15 Jensen, Jerlie	9	Coon Rapids	4-08.00
15 Piette, Maria	9	Centennial	4-08.00
15 Carroll, Ellyn	12	Osseo	4-08.00
15 Ighovojah, Wakpor	9	Coon Rapids	4-08.00
15 Ordner, Madison	9	Maple Grove	4-08.00
15 Zoumanougui, Antionette	9	Blaine	4-08.00
15 Kinnunen, Carla	9	Maple Grove	4-08.00
15 Hlavka, Courtney	9	Anoka	4-08.00
24 Angok, Tina	11	Columbia Hei	4-06.00
24 Kilian, Karley	11	StMichael-Al	4-06.00
24 Jung, Olivia	9	Coon Rapids	4-06.00
24 Alt, Julia	9	Mounds View	4-06.00
24 Hooker, Brehana	12	Park Center	4-06.00
24 Schoenrock, Emily	10	Osseo	4-06.00
24 Rothstein, Carly	12	StMichael-Al	4-06.00
24 Blanski, Molly	11	Totino-Grace	4-06.00
24 Bestman, Edwina	10	Park Center	4-06.00

Girls Pole Vault

Section 5AA: 12-10 # 2006 Alicia Rue
10-07.00 QUAL

Name	Yr	School	Finals
Finals			
1 Kanning, Emma	10	Irondale	11-07.00 QUAL
2 Stych, Alex	11	Mounds View	11-00.00 QUAL
3 Haas, Breanna	12	Coon Rapids	10-07.00 QUAL
4 Zerfas, Camille	12	Mounds View	10-01.00
5 Bair, Maggie	12	Blaine	9-07.00
6 Burton, Katie	12	Champlin Par	J9-07.00
7 Iten, Rebecca	12	Totino-Grace	J9-07.00
8 Pieper, Sarah	11	Irondale	J9-07.00
9 Pream-Anderson, Alicia	12	Coon Rapids	9-01.00
10 Parisian, Shelby	12	Osseo	8-10.00
11 Pierson, Linsey	10	Coon Rapids	8-07.00
11 Daniels, Pamela	12	Totino-Grace	8-07.00
11 Clements, Paige	9	Mounds View	8-07.00
11 Jones, Katelyn	10	Anoka	8-07.00
11 Hince, Brianna	11	Rogers	8-07.00
11 Schaeffer, Maddie	10	Rogers	8-07.00
11 Hingos, Steffany	12	Maple Grove	8-07.00
18 Paul, Ellen	10	Totino-Grace	8-01.00
18 Westrum, Stephanie	11	StMichael-Al	8-01.00
18 Hoffman, Amy	10	SpringLkPk/S	8-01.00
18 Clifford, Julia	10	Blaine	8-01.00
--- Swanberg, Emily	11	Irondale	NH
--- Johnson, Courtney	12	Irondale	NH
--- Thomsen, Emily	9	Coon Rapids	NH
--- Walker, Sarah	11	Centennial	NH
--- Carstensen, Kayla	11	Maple Grove	NH
--- Eisenbraun, Amber	11	Anoka	NH
--- Whitney, Kirsten	9	SpringLkPk/S	NH
--- Cosgrove, Mary	10	Anoka	NH
--- Sladek, Katie	11	StMichael-Al	NH
--- Deitchler, Abbie	10	Anoka	NH
--- Peterson, Kelsey	12	Park Center	NH
--- Sellberg, Carly	11	Park Center	NH
--- Kornovich, Sarah	10	Rogers	NH
--- Nelson, Nikki	11	Park Center	NH
--- Nalepka, Christine	12	Fridley	NH
--- therrien, Sparky	12	Park Center	NH

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Girls Long Jump

Section 5AA: 18-05.50 # 1996
17-06.00 QUAL

Gina Curtis

Name	Yr	School	Finals
Finals			
1 Omeoga, Akuoma	12	Irondale	18-00.50 QUAL
2 Murphey, Nicole	12	Blaine	18-00.25 QUAL
3 Dillon, Jennifer	12	Totino-Grace	17-06.50 QUAL
4 Davis, Sasha	11	Park Center	17-04.50 0.9
5 Johnson, Jaclyn	10	Champlin Par	17-03.75 1.0
6 Johnson, Emma	10	Coon Rapids	17-00.00 0.8
7 Hill, Melanie	10	Champlin Par	16-11.75 1.0
8 Sawtell, Kayla	12	Mounds View	16-06.75 1.2
9 DeRoo, Jen	12	Anoka	16-05.50 0.1
10 Loth, Morgan	12	Champlin Par	16-05.00 0.9
11 Bilderback, Kayla	11	Centennial	16-00.00 2.1
12 Mosley, Chrystel	12	Blaine	15-11.00 1.3
13 Cady, Samantha	11	SpringLkPk/S	15-10.00 0.3
14 Niewald, Hannah	10	Fridley	15-08.75 0.5
15 Ighovoh, Wakpor	9	Coon Rapids	15-07.75 0.3
16 Mason, Kai	10	Mounds View	15-07.50 0.4
17 Leyendecker, Alyssa	12	Mounds View	15-06.50 1.6
18 Gebers, Bekkah	12	Coon Rapids	15-06.00 1.1
19 Anderson, Julaina	9	SpringLkPk/S	15-05.00 0.7
20 Hammer, Jessie	8	Rogers	15-00.25 1.6
21 Pieper, Sarah	11	Irondale	14-10.50 1.1
22 Toninato, Emily	11	Mounds View	14-10.00 1.3
22 Sorensen, Keelie	12	Park Center	14-10.00 1.8
24 Korsah, Georgia	11	Coon Rapids	14-09.00 1.0
25 Pawlyshyn, Natalie	9	SpringLkPk/S	14-08.75 1.0
26 Arogbokun, Olufunmilayo	10	Osseo	14-08.25 0.3
27 Pelant, Emily	11	StMichael-Al	14-06.00 1.4
28 Bednorz, Katlin	10	Anoka	14-05.75 0.6
29 Hlavka, Courtney	9	Anoka	14-05.50 1.2
30 Kinnunen, Carla	9	Maple Grove	14-04.75 0.5
31 Forbes, Lizzy	11	Maple Grove	14-03.50 0.3
32 Lien, Abbie	7	Rogers	14-03.25 0.7
33 Messerly-Menk, Britta	8	Mounds View	14-02.00 0.5
33 Motzell, Morgan	11	Totino-Grace	14-02.00 0.9
33 Walker, Sarah	11	Centennial	14-02.00 0.9
33 Hooker, Brehana	12	Park Center	14-02.00 0.8
37 Reichert, Emily	10	Rogers	14-01.75 0.2
37 Gleckler, Abigael	9	Totino-Grace	14-01.75 1.4
37 Kaiser, Kayla	8	Maple Grove	14-01.75 0.1
40 Colbert, Aubrey	10	Osseo	14-01.00 0.8
41 Alt, Julia	9	Mounds View	13-10.75 0.6
42 Justinak, Hayley	10	SpringLkPk/S	13-07.75 0.9
43 Carter, Kianna	10	Irondale	13-06.50 0.2
44 Lawin, Katherine	10	Irondale	13-05.50 0.7
45 Justinak, Sophie	10	SpringLkPk/S	13-00.50 1.2
46 Hofford, Erin	10	StMichael-Al	12-08.75 0.6
47 Anderson, Laura	11	Mounds View	12-07.75 0.1
48 Robinson, Chelsea	11	StMichael-Al	12-04.75 0.7
49 Flermoen, Janna	12	Columbia Hei	11-05.75 1.6

Girls Triple Jump

Section 5AA: 37-07.50 # 2002
35-10.00 QUAL

Kou Luogon

Name	Yr	School	Finals
Finals			
1 Murphey, Nicole	12	Blaine	35-11.25 QUAL
2 Evanson, Olivia	11	Maple Grove	35-08.00 -1.4
3 Clarke, Bridget	11	Coon Rapids	35-01.00 -0.6
4 Daugherty, Erin	12	Totino-Grace	34-08.75 -0.3
5 Arogbokun, Olufunmilayo	10	Osseo	34-08.25 -0.5
6 Bilderback, Kayla	11	Centennial	34-03.00 -0.9
7 Whitney, Kirsten	9	SpringLkPk/S	34-02.00 -0.8
8 Zimmerman, Ali	10	Mounds View	34-01.25 -1.8
9 Hoover, Sabrina	11	Rogers	34-01.25 1.7
10 Sievers, Katherine	11	Champlin Par	33-07.00 -0.2
11 Mason, Kai	10	Mounds View	33-03.50 0.5
12 Abbott, Nicole	10	Anoka	33-03.00 1.3
13 Leyendecker, Alyssa	12	Mounds View	33-00.50 0.5
14 Dukuly, Jamillah	10	Champlin Par	32-09.25 1.3
15 Lauck, Megan	12	Mounds View	32-08.50 1.3
16 Justinak, Sophie	10	SpringLkPk/S	32-06.50 0.8
17 Colbert, Aubrey	10	Osseo	32-05.00 0.7
18 Sherva, Lauren	9	Anoka	32-03.75 1.8
19 Ederer, Katie	12	Blaine	32-01.50 1.3
20 Hlavka, Courtney	9	Anoka	32-01.00 1.2
21 Sorensen, Keelie	12	Park Center	31-11.50 -1.3
22 Pawlick, Casie	9	Totino-Grace	31-09.50 -0.2
22 Schwint, Carli	10	Fridley	31-09.50 0.4
24 Shaw, Keyanna	9	Blaine	31-08.00 0.6
25 Gebers, Bekkah	12	Coon Rapids	31-07.75 0.5
26 Browen, Kylie	9	Park Center	31-06.00 1.3
27 Pelant, Emily	11	StMichael-Al	31-05.25 0.9
28 Justinak, Hayley	10	SpringLkPk/S	30-11.75 1.0
29 Forbes, Lizzy	11	Maple Grove	30-11.50 1.8
30 Asp, Annie	9	Anoka	30-09.50 0.5
31 Korsah, Georgia	11	Coon Rapids	30-09.25 0.3
32 Beck, Rachel	10	Totino-Grace	30-08.75 1.1
33 Duehn, Rachel	10	Fridley	30-07.75 0.5
33 Anderson, Laura	11	Mounds View	30-07.75 0.4
35 Yantes, Austin	11	Rogers	30-07.00 1.5
36 Alt, Julia	9	Mounds View	30-06.25 0.8
37 Carroll, Ellyn	12	Osseo	30-02.25 1.1
38 Sellberg, Carly	11	Park Center	29-10.75 1.4
39 Crocker, Nicole	11	Centennial	29-09.75 2.0
40 House, Madison	11	Maple Grove	29-09.25 0.6
41 Schleif, Morgan	10	Champlin Par	29-06.00 1.8
42 Autio, Erin	8	StMichael-Al	29-04.50 1.8
43 Anderson, Alyssa	11	Centennial	29-01.25 1.5
44 Schendel, Tana	10	Mounds View	28-06.75 0.7
45 Tosu, Amanda	11	Irondale	27-03.25 0.4
46 Haugan, Ingrid	12	Irondale	26-02.25 0.3
47 Angok, Tina	11	Columbia Hei	24-08.50 0.6

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Girls Shot Put

Section 5AA: 41-10 # 1995 Rachel Verdell; Vicki Willis
38-10.00 QUAL
Name Yr School Finals

Finals

1	Lesser, Emily	12	Maple Grove	43-01.00	# QUAL
2	Ford, Emily	12	Osseo	39-00.50	QUAL
3	Leyendecker, Alyssa	12	Mounds View	38-03.75	
4	Jergensen, Stephanie	12	Blaine	37-06.00	
5	Nwaokolo, Amaka	12	Champlin Par	37-02.75	
6	Ngongang, Vivian	12	Centennial	36-03.75	
7	Nwaokolo, Nkem	10	Champlin Par	36-02.75	
8	Gelbmann, Christine	11	Mounds View	35-08.00	
9	Vinokur, Vicky	11	Maple Grove	35-03.00	
10	Coffland, Bri	12	Anoka	34-07.00	
11	Pasiowitz, Courtney	9	Coon Rapids	34-05.00	
11	Happke, Caitlynn	11	Coon Rapids	34-05.00	
13	Femister-King, GJillian	11	Champlin Par	34-04.50	
14	Riggle, Amber	12	Osseo	34-04.00	
15	Lorge, Ashley	12	Anoka	33-06.00	
16	Kuntz, Ali	11	Champlin Par	33-00.75	
16	Krumme, Paige	12	SpringLkPk/S	33-00.75	
18	Seba, Colleen	10	Osseo	33-00.00	
19	Kidd, Melissa	10	SpringLkPk/S	32-11.50	
20	Swenson, Allison	12	Totino-Grace	32-11.25	
21	Schramm, Kelli	12	Mounds View	32-04.25	
22	Harney, Simone	12	Totino-Grace	32-01.00	
23	Ngongang, Tatiania	10	Centennial	32-00.75	
24	Richter, Kendra	11	Park Center	32-00.00	
25	Hinnenkamp, Therese	0	Totino-Grace	31-11.00	
26	Andrews, Julia	10	Coon Rapids	31-07.00	
27	Hanson, Erin	10	Centennial	30-11.50	
28	King, Marissa	11	Blaine	30-04.50	
29	Kath, Renee	12	Coon Rapids	30-02.50	
30	McCoy, Krissy	11	StMichael-Al	30-02.25	
31	Dahl, Tori	12	Anoka	29-09.75	
32	Lanars, Brittany	12	Champlin Par	29-07.00	
32	Anderson, Dani	11	Blaine	29-07.00	
34	Hammer, Sonja	12	Blaine	29-05.25	
35	Okwulehie, Chinyere	11	Fridley	29-04.00	
36	Ende, Jill	11	StMichael-Al	28-03.00	
37	Wakeman, Christina	9	SpringLkPk/S	27-10.50	
38	Dunnigan, Elisha	11	Irondale	27-08.75	
39	Nathan, Christina	8	Rogers	26-04.00	
39	Juntunen, Kendra	11	StMichael-Al	26-04.00	
41	Gellerman, Stephanie	10	Rogers	26-02.25	
42	Mahdy, Nancy	11	Fridley	26-02.00	
43	Witte, Maya	12	Columbia Hei	25-10.00	
44	Burr, Kendra	10	Rogers	25-03.00	
45	Carson, Jana	11	Fridley	24-04.00	
46	Britten, Alexi	8	Columbia Hei	23-01.50	
47	Ogunti, Madia	7	Park Center	22-03.75	
48	Perez, Shanel	10	Columbia Hei	20-03.00	

Girls Discus Throw

Section 5AA: 143-05 # 2004 Lillian Painter
125-05 QUAL
Name Yr School Finals

Finals

1	Lesser, Emily	12	Maple Grove	127-06.00	QUAL
2	Stoltz, Natalie	11	Mounds View	123-10.00	
3	Anderson, Dani	11	Blaine	115-10.00	
4	Lauck, Megan	12	Mounds View	114-06.00	
5	Fife, Jessica	12	Osseo	114-01.00	
6	Richter, Kendra	11	Park Center	108-07.00	
7	Nwaokolo, Nkem	10	Champlin Par	106-03.00	
8	Kytta, Hayley	9	Blaine	105-11.00	
9	Schramm, Kelli	12	Mounds View	105-09.00	
10	Vinokur, Vicky	11	Maple Grove	101-00.00	
11	Dahl, Tori	12	Anoka	99-11.00	
12	Scott, Ty	12	Champlin Par	99-06.00	
13	Jergensen, Stephanie	12	Blaine	98-06.00	
14	Dunnigan, Elisha	11	Irondale	97-05.00	
15	Krumme, Paige	12	SpringLkPk/S	95-10.00	
16	Ngongang, Tatiania	10	Centennial	95-01.00	
17	Hinnenkamp, Therese	0	Totino-Grace	95-00.00	
18	Harney, Simone	12	Totino-Grace	93-04.00	
19	Sims, Sharai	10	Osseo	93-03.00	
20	Hammer, Sonja	12	Blaine	92-10.00	
21	Struck, Sarah	12	Champlin Par	92-08.00	
22	Coffland, Bri	12	Anoka	89-06.00	
23	Happke, Caitlynn	11	Coon Rapids	88-02.00	
24	Pasiowitz, Courtney	9	Coon Rapids	88-00.00	
25	Ford, Emily	12	Osseo	87-04.00	
26	Okwulehie, Chinyere	11	Fridley	85-06.00	
27	Burr, Kendra	10	Rogers	85-04.00	
28	Gelbmann, Christine	11	Mounds View	84-11.00	
29	Mortiko, Abbie	12	Totino-Grace	84-05.00	
30	Kath, Renee	12	Coon Rapids	84-01.00	
31	McCoy, Krissy	11	StMichael-Al	82-10.00	
32	King, Marissa	11	Blaine	82-00.00	
33	Ende, Jill	11	StMichael-Al	81-08.00	
34	Lynch, Maria	9	Centennial	80-06.00	
35	Jasperse, Kelsey	10	Champlin Par	79-07.00	
36	Gellerman, Stephanie	10	Rogers	77-01.00	
37	Juntunen, Kendra	11	StMichael-Al	76-07.00	
38	Jones, Danielle	11	Park Center	74-02.00	
39	Ungemach, Annie	8	Columbia Hei	70-03.00	
40	Britten, Alexi	8	Columbia Hei	56-06.00	
41	Witte, Maya	12	Columbia Hei	52-09.00	
42	Ogunti, Cecelia	7	Park Center	34-11.00	

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Boys 100 Meter Dash

Section 5AA: 10.78 # 2003		Antwon Simmons	
Name	Yr	School	
Prelims			
Preliminaries			
1 Fort-Baker, Kiemonte	11	Coon Rapids	11.41 Q
NWI			
2 elsnes, Jack	12	Champlin Par	11.42 Q
NWI			
3 Ellena, Carter	12	Coon Rapids	11.48 Q
NWI			
4 Krause, Mitch	11	Mounds View	11.57 Q
NWI			
5 Carpenter, Joe	11	StMichael-Al	11.70 Q
NWI			
6 Korngor, Karimu	11	Irondale	11.71 Q
NWI			
7 Wilson, Derek	12	Blaine	11.53 qNWI
8 Fleck, Devon	11	SpringLkPk/S	11.58 qNWI
8 Bonsu, Osei	12	StMichael-Al	11.58 qNWI
10 Roach'e, Devonte	12	SpringLkPk/S	11.70 NWI
11 Little, Justin	11	SpringLkPk/S	11.71 NWI
12 Deveaux, Marcel	11	Blaine	11.76 NWI
13 Togba, Rundell	12	Osseo	11.77 NWI
14 Ayinde, Kunle	9	Blaine	11.81 NWI
15 Dixon, Emmanuel	11	Maple Grove	11.81 NWI
16 Saylee, Rufus	9	Park Center	11.83 NWI
17 Emberle, Sean	11	Mounds View	11.84 NWI
18 Kahnke, Jon-Martin	11	Maple Grove	11.90 NWI
19 Nah, Smokey	12	Osseo	11.91 NWI
20 Shannon, Steve	12	Park Center	11.91 NWI
21 Harper, Jojuan	11	Columbia Hei	11.97 NWI
22 Koehn, Tommy	11	Mounds View	11.99 NWI
23 Bugs, ELLIOTT	10	Park Center	12.01 NWI
24 Wutzke, Alexander	11	Totino-Grace	12.03 NWI
24 Burke, Nicholas	9	Totino-Grace	12.03 NWI
26 Wallick, Jack	9	Maple Grove	12.05 NWI
27 Fleming, Jackie	11	Champlin Par	12.08 NWI
28 Olson-Anstett, Sam	12	Mounds View	12.09 NWI
29 Saye, Ericson	12	Fridley	12.13 NWI
30 Nyabuto, Obadiah	9	Osseo	12.13 NWI
31 Olyiwola, Josh	10	Columbia Hei	12.15 NWI
32 Elvig, Josh	12	Anoka	12.15 NWI
33 Johnson, Demond	11	Irondale	12.18 NWI
34 Christenson, Dane	12	Centennial	12.18 NWI
35 Jaeger, Jimmy	10	Mounds View	12.20 NWI
36 Kantor, Michael	10	Columbia Hei	12.22 NWI
37 Parker, Kenben	10	Fridley	12.22 NWI
38 Taft, Joe	12	Blaine	12.24 NWI
39 Kwia, Peter	10	Champlin Par	12.29 NWI
40 Williams, Ryan	11	Rogers	12.30 NWI
41 Oawster, Matthias	12	Centennial	12.36 NWI
42 Brisbin, Tyler	11	Rogers	12.37 NWI
43 Woods, Keith	11	Rogers	12.55 NWI
44 Trentor, Shane	12	Totino-Grace	12.58 NWI
45 Hoefer, Mike	9	Totino-Grace	12.65 NWI
46 Longo, Joey	9	Irondale	12.69 NWI
47 Choi, Sung	10	Irondale	12.76 NWI

Boys 100 Meter Dash

Section 5AA: 10.78 # 2003		Antwon Simmons	
Name	Yr	School	Finals
Finals			
1 Fort-Baker, Kiemonte	11	Coon Rapids	11.10 QUAL
2 elsnes, Jack	12	Champlin Par	11.12 QUAL
3 Fleck, Devon	11	SpringLkPk/S	11.13 QUAL
4 Carpenter, Joe	11	StMichael-Al	11.32 3.8
5 Korngor, Karimu	11	Irondale	11.33 3.8
6 Wilson, Derek	12	Blaine	11.34 3.8
7 Krause, Mitch	11	Mounds View	11.35 3.8
8 Ellena, Carter	12	Coon Rapids	11.39 3.8
9 Bonsu, Osei	12	StMichael-Al	11.41 3.8

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Boys 200 Meter Dash

Section 5AA:		21.62 # 2003	Antwon Simmons	
Name	Yr	22.72	QUAL	School
Prelims				
Preliminaries				
1	Holewa, Trent	12	Maple Grove	22.51 Q
QUAL				
2	Mendin, Patrick	9	Blaine	22.62 Q
QUAL				
3	Mireri, Jimmy	12	Fridley	22.70 Q
QUAL				
4	Schroeder, Matthew	12	Totino-Grace	22.71 Q
QUAL				
5	Shaddock, David	10	SpringLkPk/S	23.05 Q
NWI				
6	Corgwell, Michael	12	Osseo	23.01 qNWI
7	Fort-Baker, Kiemonte	11	Coon Rapids	23.26 qNWI
8	Yochim, Derek	12	Blaine	23.27 qNWI
9	Ellena, Carter	12	Coon Rapids	23.39 qNWI
10	Wilson, Derek	12	Blaine	23.45 NWI
11	Clemons, Dion	11	Osseo	23.56 NWI
12	Halstead, Jaerrod	12	Park Center	23.66 NWI
13	Namoonde, Kaluba	12	Rogers	23.71 NWI
14	Olateju, Kola	11	Mounds View	23.92 NWI
15	Miamen, Prince	10	Osseo	23.95 NWI
16	Ayinde, Kunle	9	Blaine	24.08 NWI
17	Rusinak, Patrick	12	Centennial	24.08 NWI
18	Wagner, Bryar	12	Anoka	24.11 NWI
19	C. Ogbonnaya, K	10	Irondale	24.13 NWI
20	Bonsu, Osei	12	StMichael-Al	24.22 NWI
21	Judd, Cory	11	Fridley	24.26 NWI
22	Jaeger, Jimmy	10	Mounds View	24.46 NWI
23	Aanerud, Victor	11	Rogers	24.48 NWI
24	Kruse, James	9	Irondale	24.49 NWI
25	Olson-Anstett, Sam	12	Mounds View	24.64 NWI
26	Wallick, Jack	9	Maple Grove	24.69 NWI
27	Tengben, Paye	12	Fridley	24.70 NWI
28	Richardson, Ryan	11	Centennial	24.71 NWI
29	Williams, Shannon	10	Irondale	24.78 NWI
30	Miranowski, Cody	10	Anoka	24.99 NWI
31	Thibault, Robert	10	Totino-Grace	25.10 NWI
32	Williams, Joe	10	StMichael-Al	25.13 NWI
33	Gould, David	11	Centennial	25.26 NWI
34	Yasosky, Brian	10	Maple Grove	25.29 NWI
35	Johnson, Christian	12	Anoka	25.34 NWI
36	Ballard, Jessie	11	Park Center	25.54 NWI
37	Choi, Sung	10	Irondale	25.74 NWI
38	Vang, Johnny	8	Columbia Hei	27.00 NWI
---	Kwabi, Kweku	10	Champlin Par	FS NWI
---	Gbarbea, Darkabolu	11	Champlin Par	DNF NWI

Boys 200 Meter Dash

Section 5AA:		21.62 # 2003	Antwon Simmons		
Name	Yr	22.72	QUAL	School	Finals
Finals					
1	Holewa, Trent	12	Maple Grove	21.66	QUAL
2	Schroeder, Matthew	12	Totino-Grace	21.80	QUAL
3	Mendin, Patrick	9	Blaine	21.99	QUAL
4	Shaddock, David	10	SpringLkPk/S	22.15	QUAL
5	Fort-Baker, Kiemonte	11	Coon Rapids	22.48	QUAL
6	Corgwell, Michael	12	Osseo	22.56	QUAL
7	Yochim, Derek	12	Blaine	22.74	3.1
8	Ellena, Carter	12	Coon Rapids	23.10	3.1
9	Mireri, Jimmy	12	Fridley	24.41	3.1

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Boys 400 Meter Dash

Section 5AA: 48.50 # 1984 Richard Harkwell
49.73 QUALName Yr School
Prelims

Preliminaries

1	Schroeder, Matthew	12	Totino-Grace	50.32	Q
2	Mireri, Jimmy	12	Fridley	50.64	Q
3	Schauer, Jacob	11	Totino-Grace	51.07	Q
4	Whelan, Chris	12	Maple Grove	51.27	Q
5	Zrust, Mike	11	Blaine	51.69	Q
6	Yochim, Derek	12	Blaine	51.84	Q
7	Davies, Phil	11	Coon Rapids	51.38	q
8	Cleveland, Chase	10	Rogers	52.03	q
9	Meyer, Kevin	11	Blaine	52.14	q
10	Hansen, Tom	11	Coon Rapids	52.29	
11	Leonard, Andrew	11	Totino-Grace	52.35	
12	Ambrozich, Chris	10	SpringLkPk/S	52.52	
13	Bayer, JJ	12	SpringLkPk/S	52.73	
14	Stubblefield, Reggie	11	StMichael-Al	52.74	
15	Nyabuto, Obadiah	9	Osseo	52.87	
16	Linquist, Brandon	10	Anoka	52.93	
17	Johnson, Ezekiel	11	Irondale	52.97	
18	Deschaine, David	11	Rogers	53.25	
19	Kallman, Jesse	11	Centennial	53.30	
20	Walden, Derek	11	Maple Grove	53.42	
21	Hoover, Kent	9	Rogers	53.75	
22	Wesley, Michael	12	Coon Rapids	53.85	
23	Ruffcorn, David	10	Champlin Par	53.92	
24	Mustafa, Fares	11	Irondale	53.94	
25	Nagberi, Ebi	12	Park Center	53.96	
26	Ojile, Jacob	9	SpringLkPk/S	53.98	
27	Rodeback, Kyle	12	Champlin Par	54.15	
28	Dassrath, Charles	10	SpringLkPk/S	54.26	
29	Peterson, Ryan	11	Centennial	54.40	
30	Dykes, Zach	12	SpringLkPk/S	54.75	
31	Abdulla, Ali	12	Maple Grove	54.93	
32	Thorsen, Robert	12	Columbia Hei	55.05	
33	Lesner, Colin	12	Centennial	55.16	
34	Bodom, Yaw	12	Park Center	55.16	
35	Tarpeh, Herbert	10	StMichael-Al	55.36	
36	Oba, Fawaz	9	Osseo	55.37	
37	Leach, Lance	12	Anoka	55.42	
38	Peters, Cole	9	Champlin Par	55.43	
39	Hussein, Mamme	9	Fridley	55.44	
40	Miller, Cameron	9	Totino-Grace	55.45	
41	Richardson, Ryan	11	Centennial	55.50	
42	Metzmaker, Steve	12	Centennial	55.77	
43	Williams, Shannon	10	Irondale	56.06	
44	Viel, Jahi	9	Columbia Hei	56.13	
45	Trentor, Shane	12	Totino-Grace	56.61	
46	Oribamise, Sam	12	Columbia Hei	56.79	
47	Hackman, Matt	11	StMichael-Al	57.66	
48	Mosoti, Keith	10	Irondale	58.00	
49	Shelton, Andy	10	Irondale	58.71	
---	Alvarado, Sebastian	10	Blaine	DQ	
---	Curtis, Lemaun	10	Osseo	DQ	

Boys 400 Meter Dash

Section 5AA: 48.50 # 1984 Richard Harkwell
49.73 QUAL

Name Yr School Finals

Finals

1	Schroeder, Matthew	12	Totino-Grace	49.88
2	Mireri, Jimmy	12	Fridley	50.13
3	Whelan, Chris	12	Maple Grove	50.17
4	Schauer, Jacob	11	Totino-Grace	51.10
5	Yochim, Derek	12	Blaine	51.81
6	Cleveland, Chase	10	Rogers	51.99
7	Zrust, Mike	11	Blaine	52.06
8	Meyer, Kevin	11	Blaine	52.41
9	Davies, Phil	11	Coon Rapids	53.50

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Boys 800 Meter Run

Section 5AA: 1:53.39 # 5/29/2009 Harun Abda
1:55.98 QUAL

Name	Yr	School
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Prelims

Preliminaries

1	Gooley, Brian	12	Osseo	1:55.64	Q
QUAL					
2	Johanson, Peter	11	Anoka	1:58.74	Q
3	Gilkerson, Mark	12	Park Center	2:00.11	Q
4	Peterson, John	11	Irondale	2:00.46	Q
5	Abdelkhalig, Tarek	12	Irondale	1:58.56	Q
6	Aeshliman, Tony	12	Rogers	1:59.54	Q
7	Kramka, Ben	10	Mounds View	2:00.49	Q
8	Magnuson, David	12	Mounds View	2:00.71	Q
9	Grow, Spencer	11	Anoka	2:00.34	q
10	Iverson, Luke	11	Maple Grove	2:00.38	q
11	Nurie, Mammad	12	Blaine	2:00.83	q
12	Davenport, Tanner	12	Blaine	2:01.48	q
13	Cockriel, Nick	11	SpringLkPk/S	2:01.52	
14	Abda, Abdulsalam	12	Fridley	2:01.95	
15	Stangl, Charlie	12	Anoka	2:02.20	
16	Warnes, Sam	10	Mounds View	2:02.23	
17	Lewis, Terrence	12	Coon Rapids	2:03.38	
18	Johantgen, Dustin	10	Maple Grove	2:03.42	
19	Tilleskjoer, Joe	12	Centennial	2:03.91	
20	Johnson, Zach	9	Champlin Par	2:03.94	
21	Mujib, Musa	12	Park Center	2:03.98	
22	Brown, Ryan	10	Centennial	2:04.33	
23	Hackenmueller, Kevin	10	StMichael-Al	2:04.40	
24	Rausch, Nathan	11	Maple Grove	2:04.78	
25	Woldeamanueal, Eyasu	12	Columbia Hei	2:04.84	
26	Morris, Steve	12	Coon Rapids	2:05.46	
27	Hart, Thomas	10	Totino-Grace	2:06.08	
28	Bridell, Ben	10	StMichael-Al	2:06.17	
29	Woods, Paris	10	Champlin Par	2:06.48	
30	Richards, Jackson	9	Totino-Grace	2:07.19	
31	Taverna, Andrew	12	Osseo	2:07.29	
32	Radecki, Zach	11	SpringLkPk/S	2:07.50	
33	Bostrom, Derek	12	Blaine	2:07.53	
34	Herrala, Jeff	10	Anoka	2:07.54	
35	Schroeder, Jason	11	Totino-Grace	2:07.55	
36	Limberg, Josh	10	Blaine	2:07.58	
37	Evanson, Dan	11	Mounds View	2:07.61	
38	Mapes, Dale	11	SpringLkPk/S	2:07.65	
39	White, Aaron	10	Anoka	2:08.99	
40	Novak, Dillion	12	Champlin Par	2:10.09	
41	Muehler, Dustin	10	Rogers	2:10.26	
42	O'Neil, Grant	11	StMichael-Al	2:10.29	
43	Czech, Logan	10	Anoka	2:11.06	
44	Kretschmer, Jake	12	Centennial	2:11.34	
45	Moss, Ethan	10	Park Center	2:11.59	
46	West, Riley	11	Fridley	2:11.83	
47	Doku, Jorg	9	Irondale	2:12.81	
48	Johnson, Adam	11	Osseo	2:13.55	
49	Nauman, Taylor	12	Totino-Grace	2:14.24	
50	Vossler, Sam	7	Irondale	2:14.59	
51	Nyemah, Bobby	10	Fridley	2:17.55	
52	Beard, Joseph	10	Columbia Hei	2:24.51	

Boys 800 Meter Run

Section 5AA: 1:53.39 # 5/29/2009 Harun Abda
1:55.98 QUAL

Name	Yr	School	Finals
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Finals

1	Gilkerson, Mark	12	Park Center	1:58.25
2	Gooley, Brian	12	Osseo	1:58.91
3	Nurie, Mammad	12	Blaine	1:59.90
4	Johanson, Peter	11	Anoka	2:00.80
5	Aeshliman, Tony	12	Rogers	2:01.13
6	Peterson, John	11	Irondale	2:01.66
7	Abdelkhalig, Tarek	12	Irondale	2:01.95
8	Grow, Spencer	11	Anoka	2:03.36
9	Iverson, Luke	11	Maple Grove	2:03.79
10	Kramka, Ben	10	Mounds View	2:03.98
11	Magnuson, David	12	Mounds View	2:04.80
12	Davenport, Tanner	12	Blaine	2:05.28

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Boys 1600 Meter Run

Section 5AA: 4:08.35 # 2000
4:17.95 QUAL

Nick Schneider

Name	Yr	School	Finals
Finals			
1 Dulian, Blayne	12	Coon Rapids	4:18.10
2 Autio, Jake	12	StMichael-Al	4:18.61
3 Fenske, Andy	12	Park Center	4:19.08
4 Johnson, Alex	11	Maple Grove	4:31.13
5 Brintz, Zach	12	Centennial	4:31.59
6 Urban, Scott	11	Blaine	4:33.53
7 Robeck, Nathan	12	StMichael-Al	4:34.47
8 Keller, Jonathon	9	Centennial	4:34.90
9 Hess, Devin	12	Mounds View	4:35.47
10 Olson, Tyler	11	Maple Grove	4:36.64
11 Nurie, Kadiro	11	Blaine	4:38.60
12 Adam, Qutbi	12	Columbia Hei	4:39.40
13 Hartmann, Brad	11	Osseo	4:39.99
14 Grosse, Nico	10	Champlin Par	4:40.03
15 Woldeamanueal, Eyasu	12	Columbia Hei	4:41.30
16 Mehrhof, Calvin	10	Coon Rapids	4:43.12
17 Hyllested, Wes	12	Centennial	4:44.37
18 Sugden, Scott	11	Centennial	4:44.53
19 Wicks, Robert	12	Totino-Grace	4:44.58
20 Olson, Conner	7	Maple Grove	4:44.86
21 Kelly, Joe	11	Park Center	4:45.35
22 Croteau, Kevin	12	Anoka	4:46.72
23 Kahat, David	11	Mounds View	4:48.94
24 Duale, Saleban	10	Coon Rapids	4:49.04
25 Lawson, Chris	10	SpringLkPk/S	4:49.69
26 Dahl, Jeremy	10	Mounds View	4:50.46
27 Kilburg, Brian	12	Mounds View	4:51.14
28 Czech, Logan	10	Anoka	4:51.40
29 Benti, Surra	12	Irondale	4:51.82
30 Greenstein, Michael	10	Totino-Grace	4:52.96
31 Sage, Brendan	9	StMichael-Al	4:53.30
32 Mason, Jake	12	Osseo	4:53.71
33 Opdahl, Mitch	11	SpringLkPk/S	4:55.57
34 Hagen, Aj	11	Totino-Grace	4:56.34
35 Madsen, Chris	9	Park Center	4:56.69
36 White, Aaron	10	Anoka	4:57.44
37 Johnson, Adam	11	Osseo	4:58.10
38 Sjostrom, Brett	10	Champlin Par	4:59.20
39 Schuler, Daniel	11	Rogers	5:00.81
40 Rotich, Kevin	12	Park Center	5:02.91
41 Muehler, Dustin	10	Rogers	5:02.92
42 Bashir, Adeed	9	Fridley	5:06.12
43 Carlsen, Adam	12	Irondale	5:06.46
44 Scott, TJ	10	Rogers	5:08.44
45 Parent, Reed	8	Rogers	5:08.63
46 Nguyen, Tin	11	Totino-Grace	5:10.82
47 Britven, Joseph	10	Fridley	5:11.81
48 Adelsman, Bjorn	9	Irondale	5:17.89
49 Beard, Joseph	10	Columbia Hei	5:22.93
50 Curry, Chris	11	Irondale	5:24.16
51 Gilbert, Jonah	10	Irondale	5:32.89

Boys 3200 Meter Run

Section 5AA: 9:01.00 # 2000
9:21.25 QUAL

Nick Schneider

Name	Yr	School	Finals
Finals			
1 Autio, Jake	12	StMichael-Al	9:27.21
2 Fenske, Andy	12	Park Center	9:29.44
3 Braun, Adam	12	Totino-Grace	9:38.87
4 Roozen, Zach	10	Mounds View	9:40.27
5 Woetzel, Austin	11	Blaine	9:41.03
6 Hess, Devin	12	Mounds View	9:41.33
7 Dado, Steven	11	Totino-Grace	9:44.06
8 Olson, Tyler	11	Maple Grove	9:51.40
9 LeClaire, Caleb	10	Rogers	9:53.39
10 Adam, Qutbi	12	Columbia Hei	9:54.50
11 Brintz, Zach	12	Centennial	9:56.88
12 Hartmann, Brad	11	Osseo	9:58.12
13 Robeck, Nathan	12	StMichael-Al	10:00.50
14 Urban, Scott	11	Blaine	10:01.40
15 Nurie, Kadiro	11	Blaine	10:07.10
16 Olson, Conner	7	Maple Grove	10:09.06
17 Greenstein, Michael	10	Totino-Grace	10:10.76
18 Lawson, Chris	10	SpringLkPk/S	10:12.30
19 Kennedy, David	11	Coon Rapids	10:12.81
20 Mueggenberg, Matthew	12	Coon Rapids	10:16.84
21 Pearson, Travis	12	Anoka	10:19.52
22 Evenson, Anders	10	Osseo	10:20.48
23 Kahat, David	11	Mounds View	10:22.50
24 Croteau, Kevin	12	Anoka	10:23.01
25 Dahl, Jeremy	10	Mounds View	10:27.53
26 Floeder, Bernie	10	Mounds View	10:29.54
27 Hussien, Sadik	11	Fridley	10:32.96
28 Coughlin, Daniel	12	Coon Rapids	10:34.43
29 Rivet, Jordan	12	Mounds View	10:36.86
30 Schuler, Daniel	11	Rogers	10:37.29
31 Rose, JP	12	Champlin Par	10:37.71
32 Kutina, Christian	10	Anoka	10:39.52
33 Sugden, Scott	11	Centennial	10:41.88
34 Longen, Matt	10	Centennial	10:42.57
35 Stocker, Luke	12	Coon Rapids	10:44.50
36 Kilburg, Brian	12	Mounds View	10:46.43
37 Slattery, Justin	10	Osseo	10:47.32
38 Kelly, Joe	11	Park Center	10:48.47
39 Stec, Tony	11	Maple Grove	10:49.45
40 Carlsen, Adam	12	Irondale	10:52.36
41 Opdahl, Mitch	11	SpringLkPk/S	11:03.70
42 Hagen, Aj	11	Totino-Grace	11:07.20
43 Heimark, Drew	10	Park Center	11:07.72
44 Revering, Robert	12	Blaine	11:08.90
45 Einyck, Matt	10	StMichael-Al	11:11.49
46 Kincannon, Sam	12	Rogers	11:12.61
47 Omer, Ture	12	Park Center	11:14.11
48 Britven, Joseph	10	Fridley	11:24.13
49 Hussein, Abdullahi	9	Fridley	11:31.52
50 Cich, Adam	10	Irondale	11:51.07
51 Schultz, Karl	11	Irondale	11:53.87

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Boys 110 Meter Hurdles

Section 5AA:		14.50 # 1977	Kary Bowser	
		15.36	QUAL	
Name	Yr	School		
Prelims				
Preliminaries				
1 Rice, Mark	12	Maple Grove	15.41	Q
NWI				
2 Ojika, Ben	9	Irondale	15.67	Q
NWI				
3 Haynie, Antonio	11	SpringLkPk/S	15.82	Q
NWI				
4 Ackermann, David	12	Blaine	15.84	Q
NWI				
5 Wolfe, Jesse	10	Centennial	16.01	Q
NWI				
6 Greenup, Julian	11	Fridley	15.91	qNWI
7 Mikulik, Denis	12	Mounds View	16.04	qNWI
8 Frisbie, Michael	10	Totino-Grace	16.10	qNWI
9 Alexander, Jay	10	Champlin Par	16.21	qNWI
10 Courtright, Aaron	12	Blaine	16.23	NWI
11 Cleveland, Phil	11	Champlin Par	16.61	NWI
12 Diggs, Lamont	12	Fridley	16.65	NWI
13 Theus, Shaquille	10	Coon Rapids	16.81	NWI
14 Bixler, Pat	10	SpringLkPk/S	16.91	NWI
15 Greenberg, Nolan	11	Anoka	16.93	NWI
16 Togba, Rundell	12	Osseo	16.94	NWI
17 Copeland, Dajuan	9	Blaine	17.05	NWI
18 Kaba, Ibrahim	10	Champlin Par	17.08	NWI
19 Larson, Ben	11	Mounds View	17.18	NWI
20 Zyskowski, Ryan	11	Maple Grove	17.21	NWI
21 Arrington, Brad	11	Rogers	17.32	NWI
22 Kleba, Jon	11	Coon Rapids	17.34	NWI
23 Colgrove, Dallin	11	StMichael-Al	17.41	NWI
24 Houfek, Brad	10	Irondale	17.46	NWI
25 Lor, Feng	12	Fridley	17.81	NWI
26 Rierson, Andrew	11	Coon Rapids	17.83	NWI
27 Kelly, Tim	10	Osseo	18.18	NWI
28 Zaiger, Baxter	10	StMichael-Al	18.66	NWI
29 Anderson, Chet	11	Anoka	18.79	NWI
30 Kruse, James	9	Irondale	18.88	NWI
31 Parrill, Chris	12	Irondale	19.00	NWI
32 Erding, Tyler	10	Centennial	19.90	NWI
--- Wagner, Alex	10	Totino-Grace	FS	NWI
--- Thai, Mike	12	Blaine	DQ	NWI

Boys 110 Meter Hurdles

Section 5AA:		14.50 # 1977	Kary Bowser	
		15.36	QUAL	
Name	Yr	School		Finals
Finals				
1 Rice, Mark	12	Maple Grove	15.13	QUAL
2 Ackermann, David	12	Blaine	15.29	QUAL
3 Frisbie, Michael	10	Totino-Grace	15.49	3.3
4 Wolfe, Jesse	10	Centennial	15.66	3.3
5 Alexander, Jay	10	Champlin Par	15.72	3.3
6 Mikulik, Denis	12	Mounds View	15.73	3.3
7 Greenup, Julian	11	Fridley	16.68	3.3
--- Ojika, Ben	9	Irondale	DQ	3.3

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Boys 300 Meter Hurdles

Section 5AA: 37.80 # 5/29/2009 Snonsio Boys-Weah
39.80 QUAL

Name	Yr	School		
Prelims				
Preliminaries				
1 Courtright, Aaron	12	Blaine	39.81	Q
2 Rice, Mark	12	Maple Grove	40.23	Q
3 Rader, Chris	12	Coon Rapids	40.47	Q
4 Parrill, Chris	12	Irondale	41.34	Q
5 Haynie, Antonio	11	SpringLkPk/S	41.37	Q
6 Diggs, Lamont	12	Fridley	41.53	Q
7 Mueller, Marty	12	StMichael-Al	40.99	q
8 Frisbie, Michael	10	Totino-Grace	41.51	q
9 Rierson, Andrew	11	Coon Rapids	41.53	q
10 Wolfe, Jesse	10	Centennial	41.63	
11 Alexander, Jay	10	Champlin Par	41.85	
12 Mikulik, Denis	12	Mounds View	42.09	
13 Ito, Tyler	12	Mounds View	42.19	
14 Greenup, Julian	11	Fridley	42.21	
15 Wiagbe, Gus	11	Osseo	42.21	
16 Ojika, Ben	9	Irondale	42.25	
17 Greenberg, Nolan	11	Anoka	42.32	
18 Theus, Shaquille	10	Coon Rapids	42.42	
19 Wagner, Alex	10	Totino-Grace	42.74	
20 Namoonde, Kaluba	12	Rogers	43.30	
21 Erding, Tyler	10	Centennial	43.33	
22 Zyskowski, Ryan	11	Maple Grove	43.40	
23 Dircks, Austin	10	Mounds View	43.45	
24 Thai, Mike	12	Blaine	44.08	
25 Kaba, Ibrahim	10	Champlin Par	44.13	
26 Davis, Josh	11	Centennial	44.18	
27 Ackermann, David	12	Blaine	44.19	
28 Braaten, Alex	12	Maple Grove	44.53	
29 Cleveland, Phil	11	Champlin Par	44.62	
30 Kelly, Tim	10	Osseo	44.91	
31 Trippell, Braden	10	Coon Rapids	44.93	
32 Wakefield, Chris	9	SpringLkPk/S	45.09	
33 Schroer, Sam	12	Anoka	45.27	
34 Copeland, Dajuan	9	Blaine	45.44	
35 Struwve, Tim	11	Anoka	45.72	
36 Colgrove, Dallin	11	StMichael-Al	45.74	
37 Zaiger, Baxter	10	StMichael-Al	46.05	
38 Houfek, Brad	10	Irondale	46.71	
39 Jackson, Brad	12	Park Center	47.32	
40 Lor, Veng	11	Fridley	47.74	
41 Follstad, Andrew	9	StMichael-Al	48.77	
42 Patel, Kunj	9	Irondale	48.99	
43 Khan, Manzoor	12	Irondale	49.15	
44 Cooper, Dan	11	Columbia Hei	49.66	
45 Vang, Johnny	8	Columbia Hei	52.01	
--- Jacox-Mann, Arrnytt	10	Osseo		DNF

Boys 300 Meter Hurdles

Section 5AA: 37.80 # 5/29/2009 Snonsio Boys-Weah
39.80 QUAL

Name	Yr	School	Finals
Finals			
1 Courtright, Aaron	12	Blaine	39.82
2 Rice, Mark	12	Maple Grove	40.31
3 Rader, Chris	12	Coon Rapids	41.41
4 Frisbie, Michael	10	Totino-Grace	41.50
5 Parrill, Chris	12	Irondale	41.66
6 Rierson, Andrew	11	Coon Rapids	42.14
7 Diggs, Lamont	12	Fridley	43.00
8 Mueller, Marty	12	StMichael-Al	43.26

Boys 4x100 Meter Relay

Section 5AA: 42.38 # 5/29/2008 Osseo
43.35 QUAL

Team	Relay	Finals
Finals		
1 SpringLkPk/StAnthony	A	43.31 QUAL
1) Roach'e, Devonte 12	2) Little, Justin 11	
3) Fleck, Devon 11	4) Shadduck, David 10	
5) Dykes, Zach 12		
2 Blaine	A	43.46
3 Mounds View	A	43.56
4 Irondale	A	43.89
5 Osseo	A	44.18
6 Maple Grove	A	44.47
7 StMichael-Albertville	A	44.85
8 Fridley	A	45.40
9 Park Center	A	45.49
10 Totino-Grace	A	45.50
11 Coon Rapids	A	45.98
12 Champlin Park	A	46.31
13 Columbia Heights	A	46.75
14 Anoka	A	46.78
15 Centennial	A	46.82
16 Rogers	A	47.32

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Boys 4x200 Meter Relay

Section 5AA: 1:28.36 # 2006 Robbinsdale Armstrong
A Hawkins, D Gilmer, K Henderson, J Carlson
1:30.11 QUAL

Team	Relay	Finals
Finals		
1 Blaine	A	1:30.51
1) Mendin, Patrick 9	2) Yochim, Derek 12	
3) Kline, Eric 11	4) Zrust, Mike 11	
5) Ayinde, Kunle 9	6) Mortenson, Nate 11	
2 Coon Rapids	A	1:30.76
3 SpringLkPk/StAnthony	A	1:30.84
4 Champlin Park	A	1:33.41
5 Park Center	A	1:33.72
6 Mounds View	A	1:34.70
7 Centennial	A	1:34.78
8 Irondale	A	1:35.15
9 StMichael-Albertville	A	1:35.26
10 Rogers	A	1:35.30
11 Anoka	A	1:36.80
12 Totino-Grace	A	1:37.24
--- Maple Grove	A	DQ
--- Osseo	A	DQ

Boys 4x800 Meter Relay

Section 5AA: 7:59.68 # 2006 Robbinsdale Armstrong
C Lapham, C Marshall, E Wakai, B Lewis
7:58.57 QUAL

Team	Relay	Finals
Finals		
1 Blaine	A	7:56.56 #QUAL
1) Davenport, Tanner 12	2) Woetzel, Austin 11	
3) Nurie, Mammad 12	4) Kremer, Daniel 11	
5) Lamkin, Josh 9		
2 Osseo	A	8:02.07
3 Irondale	A	8:13.02
4 Totino-Grace	A	8:16.76
5 Rogers	A	8:20.09
6 Anoka	A	8:20.82
7 Mounds View	A	8:22.20
8 Centennial	A	8:23.16
9 Coon Rapids	A	8:30.97
10 Champlin Park	A	8:36.11
11 StMichael-Albertville	A	8:49.45
12 Park Center	A	8:59.89
--- Maple Grove	A	DNF

Boys 4x400 Meter Relay

Section 5AA: 3:21.19 # 2006 Robbinsdale Cooper
K Washington, L Cheneyon, R McDonald, T Bucholz
3:24.54 QUAL

Team	Relay	Finals
Finals		
1 Maple Grove	A	3:22.24 QUAL
1) Rice, Mark 12	2) Whelan, Chris 12	
3) Walden, Derek 11	4) Holewa, Trent 12	
5) Abdulla, Ali 12	6) Iverson, Luke 11	
2 Blaine	A	3:23.85 QUAL
1) Courtright, Aaron 12	2) Zrust, Mike 11	
3) Meyer, Kevin 11	4) Kremer, Daniel 11	
5) Nurie, Mammad 12	6) Davenport, Tanner 12	
3 Totino-Grace	A	3:27.00
4 Osseo	A	3:27.57
5 Coon Rapids	A	3:29.02
6 SpringLkPk/StAnthony	A	3:32.74
7 Mounds View	A	3:33.07
8 Champlin Park	A	3:33.17
9 Park Center	A	3:33.19
10 StMichael-Albertville	A	3:33.39
11 Anoka	A	3:34.16
12 Rogers	A	3:34.21
13 Fridley	A	3:35.39
14 Centennial	A	3:42.26
15 Irondale	A	3:43.40
16 Columbia Heights	A	3:44.28

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Boys High Jump

Section 5AA: 6-10.50 # 1995 Marcus Westberry
6-05.00 QUAL

Name	Yr	School	Finals
Finals			
1 Carpenter, Joe	11	StMichael-Al	6-07.00 QUAL
2 Schaaf, Darik	11	Coon Rapids	6-05.00 QUAL
3 Hastings, Matt	12	Anoka	J6-05.00 QUAL
4 Chretien, Brandon	12	StMichael-Al	J6-05.00 QUAL
5 Mbali, Alex	11	Maple Grove	J6-05.00 QUAL
6 Sonnefeld, Joe	11	Osseo	6-01.00
7 Ojika, Ben	9	Irondale	J6-01.00
7 Ayinde, Kunle	9	Blaine	J6-01.00
9 Sprang, Derek	11	Irondale	5-11.00
10 Sharber-Pikula, Jake	12	Coon Rapids	J5-11.00
11 Huhne, Tyler	12	Blaine	5-09.00
11 Grow, Spencer	11	Anoka	5-09.00
11 Morawczynski, Thomas	12	Totino-Grace	5-09.00
11 Bishop, Tyler	10	Maple Grove	5-09.00
11 Paulus, John	12	Maple Grove	5-09.00
11 Bixler, Pat	10	SpringLkPk/S	5-09.00
17 Dowdy, Torren	12	Coon Rapids	5-07.00
17 Mckeeon, Adam	12	Champlin Par	5-07.00
17 Nolen, Trevaur	12	Champlin Par	5-07.00
17 Wyman, Zachary	12	Totino-Grace	5-07.00
17 Linquist, Brandon	10	Anoka	5-07.00
17 Heglund, Tyler	10	Centennial	5-07.00
17 Wieneke, Jake	9	Maple Grove	5-07.00
17 Limberg, Josh	10	Blaine	5-07.00
17 Redmond, Jeremy	9	Mounds View	5-07.00
--- Ballard, Jessie	11	Park Center	NH
--- Monkam, Kevin	12	Park Center	NH
--- Jackson, Brad	12	Park Center	NH
--- Brisbin, Tyler	11	Rogers	NH
--- Vidor, Derek	11	Rogers	NH

Boys Pole Vault

Section 5AA: 14-10 # 2006 Brandon Johnson
13-11.00 QUAL

Name	Yr	School	Finals
Finals			
1 House, Joe	12	Mounds View	13-05.00
2 Gran, Jagger	10	Mounds View	J13-05.00
3 Lueck, Matt	11	Blaine	J13-05.00
4 Johnson, Connor	12	Mounds View	12-11.00
5 Anfinson, Eric	12	Mounds View	J12-11.00
6 Abel, Timothy	11	Irondale	12-05.00
7 Campbell, Shane	12	Fridley	J12-05.00
8 Schroer, Ryan	12	Fridley	11-11.00
9 Barquest, Ethan	11	Coon Rapids	J11-11.00
10 Ikier, Joseph	10	Fridley	J11-11.00
11 Krueger, Justin	12	Rogers	11-05.00
11 Lymburn, Bryant	10	SpringLkPk/S	11-05.00
11 Deveaux, Marcel	11	Blaine	11-05.00
11 Jones, Tyler	12	Totino-Grace	11-05.00
11 Fondie, Klyle	11	Coon Rapids	11-05.00
11 Miller, Josh	11	Coon Rapids	11-05.00
11 Jones, Gus	12	Maple Grove	11-05.00
18 Berhow, Tyler	9	StMichael-Al	10-05.00
18 Mason, Sam	10	Osseo	10-05.00
18 Lovelace, Dylan	11	Coon Rapids	10-05.00
18 Croaston, Todd	9	Champlin Par	10-05.00
18 Jackson, Bobby	10	Champlin Par	10-05.00
18 Zingsheim, Stephen	10	Blaine	10-05.00
18 Paraskov, Victor	10	Irondale	10-05.00
18 Boggs, Eric	12	Anoka	10-05.00
18 Stroot, Nick	11	Anoka	10-05.00
18 Greenberg, Nolan	11	Anoka	10-05.00
18 Anderson, Chet	11	Anoka	10-05.00
18 Arrington, Brad	11	Rogers	10-05.00
--- Roschen, Tyler	12	Anoka	NH
--- Jones, Justin	10	Totino-Grace	NH
--- Salonek, Kyle	12	StMichael-Al	NH
--- Haberman, Tim	10	Osseo	NH
--- Schulte, Jacob	11	Osseo	NH
--- Schmidt, Connor	10	StMichael-Al	NH

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Boys Long Jump

Section 5AA: 23-00.75 # 5/29/2009 Snonsio Boys-Weah
21-09.00 QUAL

Name	Yr	School	Finals
Finals			
1 Mckeon, Adam	12	Champlin Par	21-02.50 -0.7
2 Carroll, Jake	11	Mounds View	20-06.00 -2.1
3 Abdulla, Ali	12	Maple Grove	20-03.50 -1.5
4 Monkam, Kevin	12	Park Center	J20-03.50 1.5
5 Olayiwola, Toni	12	Columbia Hei	20-01.75 -1.2
6 Holewa, Trent	12	Maple Grove	20-00.75 0.3
7 Nolen, Trevaur	12	Champlin Par	19-10.75 -1.4
8 Mendin, Patrick	9	Blaine	19-04.50 -0.5
9 Sonnefeld, Joe	11	Osseo	19-04.00 2.5
10 Mbali, Alex	11	Maple Grove	19-01.50 -0.7
11 Palmer, Oscar	11	Maple Grove	19-00.00 -0.9
11 Garner, Vontaine	11	StMichael-Al	19-00.00 0.2
13 Kalan, Mishay	12	Mounds View	18-11.75 -1.6
14 Aanerud, Victor	11	Rogers	18-10.00 1.3
15 Redmond, Jeremy	9	Mounds View	18-09.50 1.1
16 Kline, Eric	11	Blaine	18-08.75 -1.4
17 Oji, Nnaoma	11	Irondale	18-07.25 0.7
18 Jones, Tyler	12	Totino-Grace	18-05.50 2.0
18 Erding, Tyler	10	Centennial	18-05.50 -1.4
20 Burke, Nicholas	9	Totino-Grace	18-04.75 2.1
21 Williams, Shannon	10	Irondale	18-03.00 1.0
21 Pham, Stephen	10	Champlin Par	18-03.00 2.7
23 Sunderland, Colton	11	SpringLkPk/S	18-02.00 0.5
24 Olyiwola, Josh	10	Columbia Hei	18-01.75 1.9
25 Matlon, Bryan	11	Totino-Grace	18-00.25 3.7
26 Thibault, Robert	10	Totino-Grace	17-11.75 0.8
27 Theus, Shaquille	10	Coon Rapids	17-11.50 3.0
28 Kleba, Jon	11	Coon Rapids	17-06.75 0.2
29 Linqvist, Brandon	10	Anoka	17-02.50 2.2
30 Williams, Joe	10	StMichael-Al	17-02.00 1.1
31 Zahuranec, Tyler	11	SpringLkPk/S	17-01.75 0.5
32 Kruse, James	9	Irondale	16-11.00 0.8
33 Butler, Mikhail	10	Coon Rapids	16-10.25 0.6
34 Farrington, Jake	12	Centennial	16-05.50 0.6
35 Unruh, Austin	12	Centennial	16-05.00 1.0
36 Ballard, Jessie	11	Park Center	15-06.00 1.6
37 Follestad, Andrew	9	StMichael-Al	15-04.00 0.6
38 Cooper, Dan	11	Columbia Hei	15-00.00 0.8
--- Lor, Feng	12	Fridley	FOUL
--- Rand, Ryan	10	Anoka	FOUL
--- Hengstler, Tony	12	Mounds View	FOUL
--- Vee, Cody	10	Irondale	FOUL
--- Parker, Kenben	10	Fridley	DQ NWI

Boys Triple Jump

Section 5AA: 46-08 # 1995 Marcus Westberry
44-09.00 QUAL

Name	Yr	School	Finals
Finals			
1 Courtright, Aaron	12	Blaine	45-04.00 QUAL
2 Dowdy, Torren	12	Coon Rapids	44-02.50 0.9
3 Hansen, Tom	11	Coon Rapids	43-09.75 3.5
4 Rice, Mark	12	Maple Grove	42-06.50 1.3
5 Abdulla, Ali	12	Maple Grove	42-03.00 0.5
6 Greenup, Julian	11	Fridley	42-00.50 0.9
7 Carpenter, Joe	11	StMichael-Al	41-10.25 0.5
8 Ambrozich, Chris	10	SpringLkPk/S	41-09.75 0.8
9 Carroll, Jake	11	Mounds View	J41-09.75 0.6
10 Mckeon, Adam	12	Champlin Par	41-08.00 +0.0
11 Huhne, Tyler	12	Blaine	41-05.25 0.2
12 Palmer, Oscar	11	Maple Grove	41-00.00 0.6
13 Rand, Ryan	10	Anoka	40-03.00 1.4
14 Hengstler, Tony	12	Mounds View	40-00.75 1.7
15 Olyiwola, Josh	10	Columbia Hei	40-00.50 1.7
16 Redmond, Jeremy	9	Mounds View	39-10.00 0.8
17 Jones, Tyler	12	Totino-Grace	39-09.50 +0.0
18 Ojika, Ben	9	Irondale	39-05.50 0.7
19 Garner, Vontaine	11	StMichael-Al	39-05.25 1.1
20 Oji, Nnaoma	11	Irondale	39-05.00 1.1
21 Kinnan, Joey	12	Totino-Grace	39-02.50 1.0
22 Kalan, Mishay	12	Mounds View	39-01.50 2.1
23 McDonald, Jeff	12	Blaine	39-00.75 1.0
24 Rotich, Kevin	12	Park Center	38-09.25 1.9
24 Grahek, Ryan	9	Blaine	38-09.25 0.3
26 Halstead, Jaerrod	12	Park Center	38-08.00 1.5
27 Lynn, Jordan	12	Park Center	38-07.50 0.4
28 Arrington, Brad	11	Rogers	38-06.00 1.6
29 Butler, Mikhail	10	Coon Rapids	38-04.00 2.3
30 Ruffcorn, David	10	Champlin Par	38-01.75 1.6
31 Sunderland, Colton	11	SpringLkPk/S	37-10.25 0.5
32 Kufour, Stephen	11	Blaine	37-08.25 1.7
33 Togba, Rundell	12	Osseo	37-07.25 0.4
34 Gault, Justin	12	Centennial	37-05.50 1.8
35 Lymburn, Bryant	10	SpringLkPk/S	37-04.75 1.4
36 Sprang, Derek	11	Irondale	37-03.75 0.3
37 Johnson, Charles	10	Anoka	36-07.50 1.0
38 Prange, Austin	12	Irondale	35-11.00 2.5
39 Karyea, Lionel	10	Osseo	35-08.00 1.0
40 Irlbeck, Justin	12	Centennial	35-07.00 1.7
41 Thorsen, Robert	12	Columbia Hei	34-10.75 0.7
42 Mosoti, Keith	10	Irondale	34-09.75 0.4
43 Okotete, Felix	11	Osseo	34-08.00 2.0
44 Pham, Stephen	10	Champlin Par	34-02.25 0.7

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

Boys Shot Put

Section 5AA: 58-11 # 1978 Tim Biegert
53-08.00 QUAL

Name	Yr	School	Finals
Finals			
1 Starr, Dijon	12	Blaine	54-02.25 QUAL
2 Thompson, Chad	12	Maple Grove	49-08.75
3 Charmoli, Tim	12	Rogers	49-06.00
4 Reemtsma, Jesse	11	SpringLkPk/S	49-03.25
5 Johnson, Bryce	10	Champlin Par	49-02.75
6 Gavin, Travis	12	Blaine	48-06.75
7 Flemister-King, GJullian	10	Champlin Par	47-10.00
8 McLeod, Chris	10	Blaine	47-06.00
9 Hines, Charlie	11	Rogers	45-07.75
10 Samuelson, Nick	12	Coon Rapids	45-01.50
11 Stephens, Joe	9	Champlin Par	44-02.50
12 Czeck, Addison	10	Anoka	44-01.75
12 Wildes, Matt	10	Mounds View	44-01.75
14 Mezzenga, Gabe	12	Totino-Grace	42-11.75
15 Osowski, Jake	10	Coon Rapids	42-11.25
16 Benson, Scott	12	SpringLkPk/S	42-10.50
17 Klatt, Matt	12	Anoka	42-10.25
18 Voss, Zac	12	StMichael-Al	42-10.00
19 Frisby, Toby	12	Columbia Hei	42-09.75
19 Neisen, Sam	12	Maple Grove	42-09.75
21 Battis, Kevin	12	Centennial	42-08.00
22 Scheerer, Peter	12	Centennial	42-03.50
23 Kramer, Collin	12	Anoka	42-02.25
24 Ross, Tim	9	Champlin Par	41-08.25
25 Ferry, Tyler	11	StMichael-Al	41-05.50
26 Musselman, Cameron	10	SpringLkPk/S	40-07.50
27 Karnwie-Tuah, Ayier	10	Mounds View	40-03.25
28 Brateg, David	11	Osseo	40-01.00
29 Lynn, Jordan	12	Park Center	39-11.25
30 Hanson, Ben	11	Mounds View	39-08.25
31 Roden, Jon	12	Rogers	39-05.25
32 Poppe, Vasco	12	Irondale	39-03.50
33 Zrust, Joe	11	Totino-Grace	39-00.75
34 Schmidt, Shawn	11	Centennial	38-10.00
35 Brown, Jake	12	StMichael-Al	38-05.00
36 Khong, Brian	11	Mounds View	38-00.00
37 Daniels, Josh	10	Osseo	37-11.00
38 Hogle, Jared	11	Fridley	37-04.50
39 Nerison, Grant	11	Maple Grove	36-08.50
39 Ellis, Spencer	11	Totino-Grace	36-08.50
41 Anderson, Chris	10	Osseo	36-07.00
42 Schauer, Matthew	10	Totino-Grace	36-01.00
43 Klaers, Logan	9	Mounds View	35-10.75
44 Liebelt, Nick	10	Columbia Hei	35-10.50
45 Canto, Jake	11	Mounds View	35-08.00
46 Griffiths, Brandyn	12	Park Center	34-11.50
47 Pate, Nick	12	Irondale	33-10.00
48 Surbrook, Ben	11	Columbia Hei	32-03.50
--- Eagan, Tom	12	Coon Rapids	ND
--- Johnson, Demond	11	Irondale	ND

Boys Discus Throw

Section 5AA: 173-10 # 1979 Greg Bartlett
153-01 QUAL

Name	Yr	School	Finals
Finals			
1 Reemtsma, Jesse	11	SpringLkPk/S	153-04.00 QUAL
2 Otto, Ross	12	Coon Rapids	153-02.00 QUAL
3 Hanson, Ben	11	Mounds View	146-04.00
4 Gavin, Travis	12	Blaine	143-08.00
5 Johnson, Bryce	10	Champlin Par	143-05.00
6 McLeod, Chris	10	Blaine	142-04.00
7 Charmoli, Tim	12	Rogers	141-06.00
8 Neisen, Sam	12	Maple Grove	137-05.00
9 Lehman, David	12	SpringLkPk/S	131-08.00
10 Melby, Anders	12	Centennial	127-07.00
11 Frisby, Toby	12	Columbia Hei	127-06.00
12 Dahl Sparks, Derek	12	Anoka	124-07.00
13 Ellis, Spencer	11	Totino-Grace	124-05.00
14 Thompson, Chad	12	Maple Grove	123-11.00
15 Petersen, Bennet	12	Anoka	123-01.00
16 Okwulehie, Enyinnaya	11	Fridley	122-05.00
16 Flemister-King, GJullian	10	Champlin Par	122-05.00
18 Klaers, Logan	9	Mounds View	122-04.00
19 Khong, Brian	11	Mounds View	122-02.00
20 Scheerer, Peter	12	Centennial	121-09.00
21 Schmidt, Shawn	11	Centennial	121-04.00
22 Canto, Jake	11	Mounds View	119-09.00
23 Champine, Kyle	19	Champlin Par	119-06.00
24 Samuelson, Nick	12	Coon Rapids	119-04.00
25 Wildes, Matt	10	Mounds View	117-05.00
26 Malenke, Ryan	11	Rogers	114-00.00
27 Williams, Airron	12	Champlin Par	113-05.00
27 Jackson, Brad	12	Park Center	113-05.00
29 Ferry, Tyler	11	StMichael-Al	113-02.00
30 Mezzenga, Gabe	12	Totino-Grace	112-10.00
31 Brown, Bobby	10	SpringLkPk/S	109-03.00
32 Kantor, Michael	10	Columbia Hei	108-09.00
33 Poppe, Vasco	12	Irondale	107-11.00
34 Throdahl, Nick	11	Rogers	107-07.00
35 Hogle, Jared	11	Fridley	107-03.00
36 Garski, Dylan	11	Coon Rapids	105-02.00
37 Johnson, Demond	11	Irondale	105-01.00
37 Anderson, Chris	10	Osseo	105-01.00
39 Peterson, Jason	9	StMichael-Al	104-00.00
39 Hegland, Lucas	12	StMichael-Al	104-00.00
41 Schauer, Matthew	10	Totino-Grace	102-09.00
42 Klatt, Matt	12	Anoka	102-08.00
43 Hall, Harry	11	Osseo	99-02.00
44 Karnwie-Tuah, Ayier	10	Mounds View	98-01.00
45 Griffiths, Brandyn	12	Park Center	93-10.00
46 Pate, Nick	12	Irondale	92-10.00
47 Lynn, Jordan	12	Park Center	92-00.00
48 Brateg, David	11	Osseo	81-02.00
--- Starr, Dijon	12	Blaine	FOUL
--- Ross, Tim	9	Champlin Par	FOUL
--- Ethen, Nate	12	Maple Grove	FOUL

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010**Hamline
Results**

Women - Team Rankings - 18 Events Scored

1) Mounds View	170
2) Totino-Grace	128
3) Blaine	82
4) Irondale	69
5) Osseo	64
6) Maple Grove	62.5
7) Champlin Park	62
8) SpringLkPk/StAnthony	61
9) Park Center	55
10) Anoka	51.5
11) Coon Rapids	43
12) Centennial	29
13) StMichael-Albertville	20
14) Fridley	11
15) Rogers	9

Men - Team Rankings - 18 Events Scored

1) Blaine	160.5
2) Maple Grove	107
3) Coon Rapids	101
4) Mounds View	88
5) Totino-Grace	67
6) SpringLkPk/StAnthony	59
6) StMichael-Albertville	59
8) Champlin Park	51
9) Park Center	43
10) Irondale	40.5
11) Osseo	40
12) Fridley	28
13) Rogers	27
14) Anoka	20
15) Centennial	18
16) Columbia Heights	5